

# SCIENTIFIC PROGRAMME

## DAY 1 – April 25, 2025 (Friday)

0700 – 0825 : **REGISTRATION**

0825 – 0830 : **Briefing of Course**

0830 – 1000 : **Session # 1: Diagnosing IFG, IGT and Diabetes**

Chairman: Professor Dato' Anuar Zaini Md Zain, *Monash University Malaysia*

**Presentation: Diagnosis and significance of IFG, IGT and Diabetes** (20 min)

Speaker: Associate Professor Wan Mohd Izani Wan Mohamed, *Universiti Sains Malaysia Hospital*

### Case Discussion

**Case #1: A Person with Dysglycaemia** (5min presentation + 15min discussion)

Case Presenter: Emeritus Professor Dato' Mustafa Embong, *National Diabetes Institute*

**Case #2: Should this Person be treated as a Diabetic?** (5min presentation + 15min discussion)

Case Presenter: Associate Professor Wan Mohd Izani Wan Mohamed, *Universiti Sains Malaysia Hospital*

**Case #3: A Person on Treatment for Hyperlipidaemia** (5min presentation + 15min discussion)

Case Presenter: Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*

### **Panel:**

1. Professor G.R Letchuman, *Monash University Malaysia*
2. Professor Winnie Chee Siew Swee, *IMU University*
3. Associate Professor Wan Mohd Izani Wan Mohamed, *Universiti Sains Malaysia Hospital*
4. Dr. Nurafiza Mohd Arif, *Klinik Kesihatan Bandar Baru Bangi*

1000 – 1030 : **BREAK (Visit to Booths)**

Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws

1030 – 1130 : **Session # 2: Treating Diabetes 1: Oral Medications**

Chairman: Professor G.R Letchuman, *Monash University Malaysia*

**Presentation: Oral Glucose-Lowering Medications** (20 min)

- i) **Alpha Glucosidase Inhibitors**
- ii) **Metformin**
- iii) **Sulfonylureas**
- iv) **DPP4-Is**
- iv) **SGLT2-Is**

Speaker: Dr. Ng Ooi Chuan, *Universiti Putra Malaysia*

### Case Discussion

**Case #4: A Newly-Diagnosed Underweight Type 2 Person with Diabetes** (5min presentation + 15min discussion)

Case Presenter: Professor Norlaila Mustafa, *Hospital Canselor Tuanku Muhriz UKM*

**Case #5: An Obese Diabetic, Poorly-Controlled on Sulphonylurea** (5min presentation + 15min discussion)

Case Presenter: Professor G.R Letchuman, *Monash University Malaysia*

### **Panel:**

1. Professor Norlaila Mustafa, *Hospital Canselor Tuanku Muhriz UKM*
2. Associate Professor Saharuddin Ahmad, *Hospital Canselor Tuanku Muhriz UKM*
3. Associate Professor Zulfitri `Azuan Mat Daud, *Universiti Putra Malaysia*
4. Dr. Choor Chee Ken, *KPJ Rawang Specialist Hospital*

1130 – 1300 : **SPECIAL SLOT 1**

Chairman: Professor G.R Letchuman, *Monash University Malaysia*

**Presentation 1: Diet for People with Diabetes** (15 min)

Speaker: Associate Professor Zulfitri `Azuan Mat Daud, *Universiti Putra Malaysia*

**Presentation 2: Suitable Exercises for Diabetics without or with Comorbidities** (15 min)  
Speaker: Dr. Malini Karupiah, *Hospital Sultan Idris Shah Serdang*

**Case Discussion**

**Case #6: A Pure Vegan Thalassaemic Person** (5min presentation + 10min Discussion)  
Case Presenter: Associate Professor Zulfitri 'Azuan Mat Daud, *Universiti Putra Malaysia*

**Case #7: A Person with Diabetic Kidney Disease with Heavy Proteinuria** (5min presentation + 10min Discussion)  
Case Presenter: Associate Professor Zulfitri 'Azuan Mat Daud, *Universiti Putra Malaysia*

**Case #8: A Person Who Could Not Lose Weight in Spite of Regular Exercise** (5min presentation + 10min Discussion)  
Case Presenter: Dr. Malini Karupiah, *Hospital Sultan Idris Shah Serdang*

**Case #9: An Obese Diabetic with Knee Osteoarthritis** (5min presentation + 10min Discussion)  
Case Presenter: Dr. Malini Karupiah, *Hospital Sultan Idris Shah Serdang*

**Panel:**

1. Professor Goh Bak Leong, *Hospital Sultan Idris Shah Serdang*
2. Professor Norlaila Mustafa, *Hospital Canselor Tuanku Muhriz UKM*
3. Professor Winnie Chee Siew Swee, *IMU University*
4. Dr. Radhakrishna Sothiratnam, *Columbia Asia Seremban*

1300 – 1400 : **LUNCH**

1400 – 1500 : **Session # 3: Treating Diabetes 2: Injectables**  
Chairman: Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*

**Presentation: Insulins and Other Injectables for Diabetes: Types and Indications** (20 min)  
Speaker: Dr. Vijay Ananda Paramasvaran, *Pantai Hospital Kuala Lumpur*

**Case Discussion**

**Case #10: Insulin use in T2DM** (5min presentation + 15min Discussion)  
Case Presenter: Datuk Dr. Mohamed Badrulnizam Long Bidin, *Prince Court Medical Centre*

**Case #11: GLP-1 RA** (5min presentation + 15min Discussion)  
Case Presenter: Dr. Radhakrishna Sothiratnam, *Columbia Asia Seremban*

**Panel:**

1. Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*
2. Professor Noor Shafina Mohd Nor, *Universiti Teknologi MARA*
3. Associate Professor Norasyikin A. Wahab, *Hospital Canselor Tuanku Muhriz UKM*
4. Dr. Nurafiza Mohd Arif, *Klinik Kesihatan Bandar Baru Bangi*

1500 – 1600 : **Session # 4: Managing Diabetes in Pregnancy**  
Chairman: Professor Dato' N. Sivalingam, *IMU University*

**Presentation: Managing Diabetes and Targets During Pregnancy** (20 min)  
Presenter: Dr. Nurul Iftida Basri, *Universiti Putra Malaysia*

**Case Discussion**

**Case #12: A 43-Year Old Company Executive with IGT, planning for first pregnancy** (5min presentation + 15min discussion)  
Case Presenter: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*

**Case #13: G4P1 Patient First Antenatal Visit at 10 Weeks** (5min presentation + 15min discussion)  
Case Presenter: Associate Professor Norasyikin A. Wahab, *Hospital Canselor Tuanku Muhriz UKM*

**Panel:**

1. Professor Dato' N. Sivalingam, *IMU University*
2. Professor Norlaila Mustafa, *Hospital Canselor Tuanku Muhriz UKM*
3. Dr. Ng Ooi Chuan, *Universiti Putra Malaysia*
4. Dr. Nurafiza Mohd Arif, *Klinik Kesihatan Bandar Baru Bangi*
5. Dr. Nurul Iftida Basri, *Universiti Putra Malaysia*

1600 – 1630 : **BREAK (Visit to Booths)**  
Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws

1630 – 1730 : **Session # 5: Treating Associated Conditions: Hypertension and Hyperlipidaemia**  
Chairman: Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*

**Presentation: Treating and Targets for HT and Hyperlipidaemia in People with Diabetes** (20 min)  
Speaker: Professor Norlela Sukor, *Hospital Canselor Tuanku Muhriz UKM*

**Case Discussion**

**Case #14: Double Trouble: Tackling Hypertension in Diabetes – When Numbers Matter** (5min presentation + 15min discussion)

Case Presenter: Dr. Ng Ooi Chuan, *Universiti Putra Malaysia*

**Case #15: A 65-Year Old Government Pensioner, Diabetic with Past History of Heart Attack, on Treatment for High Lipid Level with Simvastatin** (5min presentation + 15min discussion)

Case Presenter: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*

**Panel:**

1. Professor G.R Letchuman, *Monash University Malaysia*
2. Datuk Dr. Mohamed Badrulnizam Long Bidin, *Prince Court Medical Centre*
3. Dr. Choor Chee Ken, *KPJ Rawang Specialist Hospital*
4. Dr. Raja Abdul Wafy Raja Muhammad Rooshdi, *Universiti Putra Malaysia*

1730

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**\*\* END OF DAY 1 \*\***

## DAY 2 – April 26, 2025 (Saturday)

0700 – 0815 : **REGISTRATION**

0815 – 0900 : **Session #6: Diabetes in Children**

Chairman: Dr. Ng Ooi Chuan, *Universiti Putra Malaysia*

**Presentation: Practical Tips to Ensure Compliance in Children with Diabetes** (15 min)

Speaker: Associate Professor Azriyanti Anuar Zaini, *University Malaya Medical Centre*

### Case Discussion

**Case #16: A challenging T1DM Management in a 15-Year Old Girl** (5min presentation + 15min discussion)

Case Presenter: Professor Noor Shafina Mohd Nor, *Universiti Teknologi MARA*

### **Panel:**

1. Professor Wu Loo Ling, *Subang Jaya Medical Centre*
2. Associate Professor Azriyanti Anuar Zaini, *University Malaya Medical Centre*
3. Datuk Dr. Zanariah Hussein, *Putrajaya Hospital*
4. Dr. Janet Hong Yeow Hua, *Putrajaya Hospital*
5. Ms. Elsie Liaw, *The Mind Faculty Kuala Lumpur*

0900 – 1000 : **Clearing Doubts #1: Managing Diabetes**

Chairman: Emeritus Professor Dato' Mustafa Embong, *National Diabetes Institute*

### **Panel:**

1. Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*
2. Professor G.R Letchuman, *Monash University Malaysia*
3. Datuk Dr. Zanariah Hussein, *Putrajaya Hospital*
4. Dr. Ng Ooi Chuan, *Universiti Putra Malaysia*

1000 – 1030 : **BREAK (Visit to Booths)**

Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws

1030 – 1130 : **Session #7: Treating Associated Conditions: Obesity in Diabetics**

Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, *Prince Court Medical Centre*

**Presentation: Options for Managing Obesity in Diabetics** (20 min)

Speaker: Professor Dato' Dr. Nik Ritza Kosai Nik Mahmood, *Hospital Canselor Tuanku Muhriz UKM*

### Case Discussion

**Case #17: An Obese Person, Keen for Surgery** (5min presentation + 15min discussion)

Case Presenter: Professor G.R Letchuman, *Monash University Malaysia*

**Case #18: A Newly-Diagnosed Type 2 Diabetic with Hypertension, Hyperlipidaemia and Obesity** (5min presentation + 15min discussion)

Case Presenter: Dr. Radhakrishna Sothiratnam, *Columbia Asia Seremban*

### **Panel:**

1. Professor Dato' Anuar Zaini Md Zain, *Monash University Malaysia*
2. Professor Dato' Dr. Nik Ritza Kosai Nik Mahmood, *Hospital Canselor Tuanku Muhriz UKM*
3. Professor Norlaila Mustafa, *Hospital Canselor Tuanku Muhriz UKM*
4. Professor Winnie Chee Siew Swee, *IMU University*
5. Dr. Raja Abdul Wafy Raja Muhammad Rooshdi, *Universiti Putra Malaysia*

1130 – 1300 : **Special Session: Case Presentations by Participants**

Chairman: Professor Dato' Anuar Zaini Md Zain, *Monash University Malaysia*

### Case Discussion

**Case #19: Managing Patient with Metabolic Syndrome and Glutamic Acid Decarboxylase Autoantibody (GAD) Positive** (5min presentation + 15min Discussion)

Case Presenter: Ms. Woo Li Fong, *Puchong Specialist Medical Centre*

**Case #20: DM in Pregnancy** (5min presentation + 15min Discussion)

Case Presenter: Dr. Yak Choo Soon, *KK Seri Iskandar*

**Case #21: DM in Injectable** (5min presentation + 15min Discussion)

Case Presenter: Dr. Yak Choo Soon, *KK Seri Iskandar*

**Case #22: De-escalation of Insulin Therapy of Post – Discharge Patients** (5min presentation + 15min Discussion)

Case Presenter: Ms. Sarina Anim Mohd Hidzir, *Hospital Sungai Petani*

**Panel:**

1. Associate Professor Norasyikin A. Wahab, *Hospital Canselor Tuanku Muhriz UKM*
2. Associate Professor Wan Mohd Izani Wan Mohamed, *Universiti Sains Malaysia Hospital*
3. Datuk Dr. Zanariah Hussein, *Putrajaya Hospital*
4. Dr. Jolyn Rumetta, *Klinik Kesihatan Senawang*

1300 – 1400 : **LUNCH**

1400 – 1500 : **Session #8A: Microvascular Complications: The Eyes**

Chairman: Associate Professor Wan Mohd Izani Wan Mohamed, *Universiti Sains Malaysia Hospital*

**Presentation: Common Eye Diseases in People With Diabetes** (10 min)

Speaker: Professor Tajunisah Begam Mohd Iqbal, *University Malaya Medical Centre*

**Case Discussion**

**Case #23: A 42-Year Old Diabetic Complaining of Progressive Blurring of Vision** (5min presentation + 15min discussion)

Case Presenter: Professor Tajunisah Begam Mohd Iqbal, *University Malaya Medical Centre*

**Panel:**

1. Professor Shelina Oli Mohamad, *Hospital Al-Sultan Abdullah*
2. Professor Tajunisah Begam Mohd Iqbal, *University Malaya Medical Centre*
3. Associate Professor Saharuddin Ahmad, *Hospital Canselor Tuanku Muhriz UKM*
4. Dr. Ng Ooi Chuan, *Universiti Putra Malaysia*

**Session #8B: Microvascular Complications: The Feet**

Chairman: Associate Professor Wan Mohd Izani Wan Mohamed, *Universiti Sains Malaysia Hospital*

**Presentation: A Multidisciplinary Approach to Managing Diabetic Foot Ulcers: Integrating Innovation and Clinical Expertise** (10 min)

Speaker: Professor Mohd Yazid Bajuri, *Hospital Canselor Tuanku Muhriz UKM*

**Case Discussion**

**Case #24: Bone without Flesh ; Strides for Hope**

(5min presentation + 15min discussion)

Case Presenter: Professor Mohd Yazid Bajuri, *Hospital Canselor Tuanku Muhriz UKM*

**Panel:**

1. Professor Mohd Yazid Bajuri, *Hospital Canselor Tuanku Muhriz UKM*
2. Associate Professor Rabani Remli, *Hospital Canselor Tuanku Muhriz UKM*
3. Dr. Jolyn Rumetta, *Klinik Kesihatan Senawang*
4. Dr. Ng Ooi Chuan, *Universiti Putra Malaysia*

1500 – 1600 : **Clearing Doubts #2: Associated Diseases in Diabetics**

Chairman: Emeritus Professor Dato' Mustafa Embong, *National Diabetes Institute*

**Panel:**

1. Professor Goh Bak Leong, *Hospital Sultan Idris Shah Serdang*
2. Professor Mohd Yazid Bajuri, *Hospital Canselor Tuanku Muhriz UKM*
3. Datuk Dr. Mohamed Badrulnizam Long Bidin, *Prince Court Medical Centre*
4. Dr. Raja Abdul Wafy Raja Muhammad Rooshdi, *Universiti Putra Malaysia*

1600 – 1630 : **BREAK (Visit to Booths)**

Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws

1630 – 1730 : **Session #9: Diabetic Kidney Disease: Prevention and Management**

Chairman: Emeritus Professor Dato' Ikram Shah Ismail, *MAHSA University*

**Presentation: Detecting and Managing Diabetic Kidney Disease** (20 min)

Speaker: Associate Professor Rozita Mohd, *Hospital Canselor Tuanku Muhriz UKM*

**Case Discussion**

**Case # 25: DM with CKD** (5min presentation + 15min Discussion)

Case Presenter: Datuk Dr. Zanariah Hussein, *Putrajaya Hospital*

**Case # 26: DM with CKD** (5min presentation + 15min Discussion)

Case Presenter: Datuk Dr. Zanariah Hussein, *Putrajaya Hospital*

**Panel:**

1. Professor Goh Bak Leong, *Hospital Sultan Idris Shah Serdang*
2. Professor Lim Soo Kun, *University Malaya Medical Centre*
3. Associate Professor Rozita Mohd, *Hospital Canselor Tuanku Muhriz UKM*
4. Datuk Dr. Mohamed Badrulnizam Long Bidin, *Prince Court Medical Centre*
5. Dr. Vijay Ananda Paramasvaran, *Pantai Hospital Kuala Lumpur*

1730

**\*\* END OF DAY 2 \*\***

**DAY 3 – April 27, 2025 (Sunday)**

0700 – 0815 : **REGISTRATION**

0815 – 0900 : **Session #10: Strategies for Diabetes Remission**

Chairman: Professor Dato' Anuar Zaini Md Zain, *Monash University Malaysia*

**Presentation: Options for Diabetes Remission (5min)**

Speaker: Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*

**Case Discussion**

**Case #27: Breaking Free: Achieving and Sustaining Diabetes Remission- A Success Story from the Metabolic Obesity Clinic (5min presentation + 15min Discussion)**

Case Presenter: Dr. Ng Ooi Chuan, *Universiti Putra Malaysia*

**Case #28: DM in remission (5min presentation + 15min Discussion)**

Case Presenter: Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*

**Panel:**

1. Professor Dato' Anuar Zaini Md Zain, *Monash University Malaysia*
2. Associate Professor Zulfitri 'Azuan Mat Daud, *Universiti Putra Malaysia*
3. Dr. Radhakrishna Sothiratnam, *Columbia Asia Seremban*
4. Ms. Elsie Liaw, *The Mind Faculty Kuala Lumpur*

0900 – 1000 : **Session #11: Diabetes with Heart Disease**

Chairman: Dato' Dr. David Chew Soon Ping, *Cardiac Vascular Sentral Kuala Lumpur*

**Presentation: Diagnosis and Management of Ischaemic Heart Disease (IHD) and Congestive Cardiac Failure (CCF) in Patients with Diabetes (20 min)**

Speaker: Professor Sazzli Shahlan Kasim, *Universiti Teknologi MARA*

**Case Discussion**

**Case #29: Diabetes with Coronary Artery Disease (5min presentation + 15min Discussion)**

Case Presenter: Dato' Dr. David Chew Soon Ping, *Cardiac Vascular Sentral Kuala Lumpur*

**Case #30: DM with CCF (5min presentation + 15min Discussion)**

Case Presenter: Datuk Dr. Mohamed Badrulnizam Long Bidin, *Prince Court Medical Centre*

**Panel:**

1. Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*
2. Professor G.R Letchuman, *Monash University Malaysia*
3. Professor Sazzli Shahlan Kasim, *Universiti Teknologi MARA*
4. Dr. Raja Abdul Wafy Raja Muhammad Rooshdi, *Universiti Putra Malaysia*

1000 – 1030 : **BREAK (Visit to Booths)**

Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws

1030 – 1200 : **Special Slot: *Sponsored by CVSKL* (90 min)**

1200 – 1300 : **Session #12: The Complicated Cases: Prioritising and Optimising Management**

Chairman: Emeritus Professor Dato' Mustafa Embong, *National Diabetes Institute*

**Case Discussion**

**Case #31: DM with Multiple Complications (5min presentation + 15min Discussion)**

Case Presenter: Emeritus Professor Dato' Mustafa Embong, *National Diabetes Institute*

**Case #32: DM with Multiple Complications (5min presentation + 15min Discussion)**

Case Presenter: Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*

**Case #33: DM with Multiple Complications (5min presentation + 15min Discussion)**

Case Presenter: Associate Professor Norasyikin A. Wahab, *Hospital Canselor Tuanku Muhriz UKM*

**Panel:**

1. Professor G.R Letchuman, *Monash University Malaysia*
2. Professor Lim Soo Kun, *University Malaya Medical Centre*
3. Professor Sazzli Shahlan Kasim, *Universiti Teknologi MARA*

4. Professor Winnie Chee Siew Swee, *IMU University*
5. Datuk Dr. Zanariah Hussein, *Putrajaya Hospital*

1300 – 1330 : **CLOSING CEREMONY & LUCKY DRAWS**

1330 – 1430 : **LUNCH**

1430 : **\*\*END OF CLINIC DIABETES COURSE\*\***

*\*Subject to change*