

5th ANNOUNCEMENT



1st INTERNATIONAL CONFERENCE ON FOOD, NUTRITION & HEALTH 2023

Curating Health Through Nutrition; A Shared Responsibilities

PLENARY SPEAKERS

DAY 1: 19 SEPTEMBER 2023, TUESDAY

11.00 – 11.30AM

LECTURE 1

Chrononutrition Behaviour and Chronotype: An Update

Assoc. Prof. Dr. Nur Islami Mohd Fahmi Teng (Universiti Teknologi MARA, Malaysia)

LECTURE 2

Nutrition Counseling Strategy for Diabetes Mellitus Patients

Dr. Setyaningrum Rahmawaty (Universitas Muhammadiyah Surakarta, Indonesia)

LECTURE 3

Anemia among Adolescent Girls in Indonesia: Diet Quality and Iron Supplementation

Prof. Dr. Dodik Briawan (Institut Pertanian Bogor University, Indonesia)

LECTURE 4

The Impact of Social Media Intervention in Enhancing Nutrition Habits among Asian Adolescents

Assoc. Prof. Dr. Siti Sabariah Buhari (Universiti Teknologi MARA, Malaysia)

LECTURE 5

Genotyping and Metabolomics towards Weight Management Program: An Experimental Study

Assoc. Prof. Dr. Norazmir Md Nor (Universiti Teknologi MARA, Malaysia)

2.30 - 4.30 PM

LECTURE 6

Brown Sugarcane - A Potential Sugar for Sport Food Development in Athlete

Mrs. Kurnia Mar'atus Solichah (Universitas Aisyiyah, Indonesia)

LECTURE 7

Food Insecurity & Its Impact on Child Development

Dr. Syahrul Bariah binti Abdul Hamid (Universiti Teknologi MARA, Malaysia)

LECTURE 8

The Beneficial Effects of Nutraceutical Galohgor on Postpartum Mothers

Prof. Dr. Katrin Roosita (Institut Pertanian Bogor University, Indonesia)

LECTURE 9

Functional Food: Post-Coronavirus

Dr. Emmy Hainida Khairul Ikram (Universiti Teknologi MARA, Malaysia)

LECTURE 10

Time-restricted Eating: A Novel Approach to Improve Cardiometabolic Health

Mrs. Mazuin binti Kamarul Zaman (Universiti Teknologi MARA, Malaysia)

DAY 2: 20 SEPTEMBER 2023, WEDNESDAY

2.30 - 3.00 PM

LECTURE 1

Dietary Pattern and Handgrip Strength in Older Adults

Mrs. Ceria Ciptanurani (Universitas Aisyiyah, Indonesia)

LECTURE 2

Nutrition Psychology: The Role of Nutrition on Anxiety and Depression

Dr. Naleena Devi Muniandy (Universiti Teknologi MARA, Malaysia)

LECTURE 3

The Role of Omega-3 PUFA to Improve Uterus Contraction in Maternal Obesity

Dr. Fitriana Mustikaningrum (Universitas Muhammadiyah Surakarta, Indonesia)

LECTURE 4

Impact of mHealth in Assisting Self Management in Women at Risk of or Diagnosed with Gestational Diabetes Mellitus

Dr. Nur Suraiya Abu Hassan Shaari (Universiti Teknologi MARA, Malaysia)

LECTURE 5

Why Women with a History of Gestational Diabetes Mellitus Should Breastfeed Their Babies?

Mrs. Farhanah Ahmad Shuhaimi (Universiti Teknologi MARA, Malaysia)

MAIN ORGANISER:



CENTRE FOR DIETETICS STUDIES,
FACULTY OF HEALTH SCIENCES,
UNIVERSITI TEKNOLOGI MARA, MALAYSIA.

CO-ORGANISERS:



IMPORTANT DATES

Registration & Abstract (Research) : 15 June 2023
Registration & Abstract (Case Study) : 30 June 2023
Full manuscript submission deadline : 16 July 2023
Registration deadline (listener) : 31 August 2023

FOR MORE INFO & REGISTRATION

<https://sites.google.com/uitm.edu.my/icfnh2023/home>

