



**MALAYSIAN DIABETES EDUCATORS SOCIETY**  
**PERSATUAN PENDIDIK DIABETES MALAYSIA (PPM-002-10-29052007)**  
 19-P1, Block A, Jaya One, 72A Jalan Profesor Diraja Ungku Aziz,  
 46200 Petaling Jaya, Selangor  
 Email: mdes0507@gmail.com

**PROGRAMME AT A GLANCE**

**DAY 1, 7 JUNE 2024**

	Summit 1	Zenith
0730 - 0830	Registration	
0830 - 0900	<b>Plenary 1</b>	
	Advancements in Managing Pediatric Type 2 Diabetes: Current Strategies and Recent Updates <i>Prof Dr Muhammad Yazid Jalaludin</i>	
0900 - 1030	<b>Symposium 1 - New Insight in Type 1 Diabetes Management (T1DM)</b>	<b>Symposium 2 - Diabetes Treatment Non-Adherence: Issues and Solution</b>
	Prevention of T1DM <i>Prof Dr Muhammad Yazid Jalaludin</i>	Steering the non-adherent patients back on track: The DMTAC approach <i>Dr Navin Kumar Loganadan</i>
	Diabetic Ketoacidosis (DKA) Management <i>Dr Meenal Mavinkurve</i>	Motivational interviewing skill and technique - behaviour change <i>Prof Dr Firdaus Mukhtar</i>
	New Technology in T1DM <i>Assoc Prof Dr Azriyanti binti Anuar Zaini</i>	Contributors to Non-adherence <i>Prof Dr Norlaila Mustafa</i>
1030 - 1100	<b>Opening Ceremony</b>	
1100 - 1130	Morning Tea Break & Booth Visit	
1130 - 1230	<b>Case Study 1 - Diabetes and Coronary Artery Disease</b>	<b>Case Study 2 - Type 1 Diabetes: Brittle Diabetes</b>
	Cardiologist <i>Dr Hafidz Bin Abd Hadi</i> Endocrinologist <i>Prof Dr Rohana Abd Ghani</i>	Paediatric Endocrinologist <i>Assoc Prof Dr Azriyanti Anuar Zaini</i> Diabetes Educator <i>Ms Zarina Yaakop</i> Dietitian <i>Dr Rokiah Ismail</i>
1230 - 1330	<b>Lunch Symposium 1</b>	
1330 - 1430	Lunch & Friday Prayer	
1430 - 1600	<b>Workshop 1 - Insulin Therapy Titration and Optimization</b>	<b>Workshop 2 - Physical Activities and Exercise Regimen for People With Diabetes</b>
	Endocrinologist <i>Prof Dr Norlaila Mustafa</i> DMTAC Pharmacist <i>Dr Navin Kumar Loganadan</i> Diabetes Educator <i>Ms Siti Raudah</i>	Sports Medicine Physician <i>Dr Devamalar Selvi Naicker A/P Subramaniam</i> Physiotherapist <i>Ms Shahreen binti Hairi Hariharan</i>
1600 - 1645	<b>Hi Tea Symposium 1</b>	
1645 - 1700	Evening Tea Break & Booth Visit	
1700 - 1800	Malaysian Diabetes Educators Society - AGM	



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**DAY 2, 8 JUNE 2024**

	Summit 1	Zenith
	<b>Plenary 2</b>	
0830 - 0900	Developing Effective and Sustainable Diabetes Services: Why and How? <i>Assoc. Prof Margaret McGill</i>	
	<b>Plenary 3</b>	
0900 - 0930	Chrono-Nutrition: Is There a Role in Obesity and Diabetes Nutrition Management? <i>Prof John A Hawley</i>	
	<b>Case Study 3 - Continuous Glucose Monitoring Interpretation</b>	<b>Case Study 4 - Management of Diabetes and Pregnancy</b>
0930 - 1030	Endocrinologist <i>Dr Luqman Ibrahim</i> Credentialled Diabetes Educator <i>Dr Tan Ming Yeong</i> Dietitian <i>Prof Dr Winnie Chee Siew Swee</i>	Endocrinologist <i>Prof Dr Shireene Ratna Vethakkan</i> Nursing Tutor/Diabetes Educator <i>Ms Toh Peik Kham</i> Dietitian <i>Prof Dr Barakatun Nisak Binti Mohd Yusof</i>
1030 - 1100	Morning Tea Break & Booth Visit	
	<b>Symposium 3 - Dealing with Challenging Clients</b>	<b>Symposium 4 - Medical Nutrition Therapy</b>
1100 - 1230	Personal experience living with Diabetes <i>Assoc Prof Dr Mohd Helmy Mokhtar</i>	Plant Based Diet: Is this a solution? <i>Prof Dr Barakatun Nisak Binti Mohd Yusof</i>
	Complicated Cases - How to Handle? <i>Datuk Dr Zanariah Hussein</i>	Nutrition Considerations in Older Adults <i>Ms Lee Lai Fun</i>
	Challenging Clients: How do Psychologists Deal? <i>Dr Hariyati Shahrma Abdul Majid</i>	Optimising Diets Beyond Carb Counting <i>Prof Dr Winnie Chee Siew Swee</i>
1230 - 1330	<b>Lunch Symposium 2</b>	
1330 - 1430	Lunch	
	<b>Poster Presentation</b>	
	<b>Workshop 3 - Personalised / Individualised Diabetes Education</b>	<b>Workshop 4 - Inpatients Diabetes Management</b>
1430 - 1600	Health Psychologist <i>Dr Hariyati Shahrma binti Abdul Majid</i> Diabetes Educator <i>Ms Yong Lai Mee</i> Diabetes Educator <i>Ms Harpreet Kaur A/P Niranjan Singh</i> Dietitian <i>Dr Lee Ching Li</i>	Endocrinologist <i>Datuk Dr Zanariah Hussein</i> Dietitian <i>Ms Anis Adilah binti Muhammad Patel</i>
1600 - 1645	<b>Hi Tea Symposium 2</b>	
1645 - 1700	Evening Tea Break & Booth Visit	



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**DAY 3, 9 JUNE 2024**

	Summit 1	Zenith
	<b>Plenary 4</b>	
0830 - 0900	GLP-1 Receptor Agonists: Beyond Their Pancreatic Effects <i>Prof Emeritus Dr Chan Siew Pheng</i>	
0900 - 1030	<b>Symposium 5 - Diabetes and Chronic Kidney Disease (CKD)</b>	<b>Symposium 6 - Diabetes and Stroke</b>
	Strengthening CKD Screening in Primary Care <i>Dr Chang Li Cheng</i>	Innovation in Stroke Rehabilitation <i>Prof Dr Mazlina Mazlan</i>
	CKD dietary management <i>Ms Teong Lee Fang</i>	Long Term Stroke Care <i>Prof Dr Noor Azah Binti Abd Aziz</i>
	Comprehensive Care in CKD Management <i>Dr Sunita Bavanandan</i>	
1030 - 1100	Morning Tea Break & Booth Visit	
1100 - 1145	<b>Hi Tea Symposium 3</b>	
1145 - 1245	<b>Case Study 5 - Diabetic Wound Management</b>	<b>Case Study 6 - Management of Older Person With Diabetes</b>
	Consultant Family Medicine Specialist <i>Dr Hanihaselah Binti Mohd. Saleh</i> Family Medicine Specialist <i>Dr Wong Ping Foo</i> Wound Care Nurse <i>Ms Nur Ilyana Hanani Siong Binti Abdullah</i>	Geriatrician <i>Dr Mohd Zaquan Arif Abd. Ghafar</i> Credentialled Diabetes Educator <i>Dr Tan Ming Yeong</i> Dietitian <i>Dr Lee Ching Li</i>
1245 - 1300	<b>Closing Ceremony</b>	
1300	Lunch	