

# PRELIMINARY ANNOUNCEMENT

23<sup>RD</sup> CONTINUING PROFESSIONAL DEVELOPMENT (CPD) SERIES



Organised by:

**NADI** NATIONAL  
DIABETES  
INSTITUTE  
CENTRE OF EXCELLENCE-DEDICATED TO DIABETICS



THE BRANDLAUREATE  
CSR AWARDS 2018  
NATIONAL DIABETES  
INSTITUTE



THE BRANDLAUREATE  
CSR BRANDLEADERSHIP  
AWARDS 2018  
PROF. MUSTAFFA EMBONG

Endorsed by:



# 'DIABETES ASIA 2026' CONFERENCE (DAC 2026)

**HYBRID CONFERENCE**  
(Physical and Online)



**15**

THURSDAY

**16**

FRIDAY

**17**

SATURDAY

**OCTOBER, 2026**

voco Kuching by IHG

Lot 3186-3187, Block 16, KCLD,  
Jalan Lapangan Terbang Baru, 93350 KUCHING  
**SARAWAK, MALAYSIA**

Supported by:



Co-Sponsor:



Official Travel Agent:



Secretariat 'Diabetes Asia 2026' Conference (DAC 2026)  
National Diabetes Institute (NADI)

No.1, Jalan SS3/50, 47300 Petaling Jaya, Selangor, MALAYSIA  
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Fax: +603-7876 1679 Email: enquiry@nadidiabetes.com.my  
Website: www.nadidiabetes.com

Stand a chance  
to win  
**CASH PRIZES**  
for free paper  
presentation awards  
&  
Many exciting prizes in  
**LUCKY DRAW!!!**

# NADI Continuing Professional Development Series

Prevalence of diabetes mellitus, especially of type 2, is on the increase. This rise is most marked in developing countries, Malaysia included. Thus, there is an urgent need for strategies to prevent this 'epidemic' and for early diagnosis of diabetes. Beyond these, there is need for ensuring optimal management of the disease, its complications and associated diseases.

To help address these issues, the National Diabetes Institute (NADI) of Malaysia, organises the Continuing Professional Development (CPD) annually since its inception in 2002. In 2008, this CPD was expanded as 'Diabetes Asia Conference' (DAC) to emphasise the uniqueness of diabetes presentation and management in Asians.

**This year, the 'Diabetes Asia 2026' Conference is to be held in Kuching, Sarawak on the island of Borneo with support from the Sarawak Government through BESARAWAK. Delegates will have the opportunity to experience Sarawak's diverse culture and appreciate its unique flora and fauna.**



## IMPORTANT INFORMATION

### Regarding this 'Diabetes Asia 2026' Conference (DAC 2026)

This DAC 2026 Conference will either be a hybrid (physical and online) or a fully physical meeting, depending on response by participants.

**Please clearly indicate your preference in the REPLY FORM**

## Objectives of the Conference

The Continuing Professional Development (CPD) Series as "Diabetes Asia 2026" Conference aims to help improve management of diabetes with emphasis on recent advances and practical aspects of diabetes care.

Participants are expected to be able to:

- ◆ Appreciate recent advances, practical aspects of diabetes care.
- ◆ Understand ways of ensuring early diagnosis and optimal management for good control of diabetes, complications and associated diseases
- ◆ Apply knowledge gained during the Conference to further improve care for persons with diabetes in the community

## Who Should Attend

Healthcare professionals responsible for managing people with diabetes including:

- Medical and Surgical Specialists
- General Physicians and Surgeons
- Primary Care Physicians
- General Practitioners
- Medical and Health Officers
- Trainee Lecturers
- Pharmacists
- Nutritionists and Dietitians
- Researchers (Clinical & Basic Sciences) in Diabetes
- Health Education Officers
- Diabetes Educators
- Other Healthcare Professionals involved in Diabetes Care

## FREE PAPER AWARDS (CASH PRIZES)

### "BEST ORAL PRESENTATION AWARDS (CLINICAL RESEARCH)"

**BEST AWARD: RM 3,000**  
**SECOND AWARD: RM 2,000**  
**THIRD AWARD: RM 1,000**

### "BEST ORAL PRESENTATION AWARDS (SCIENTIFIC RESEARCH)"

**BEST AWARD: RM 2,000**  
**SECOND AWARD: RM 1,500**  
**THIRD AWARD: RM 1,000**

### "BEST POSTER PRESENTATION AWARDS"

**BEST AWARD: RM 2,000**  
**SECOND AWARD: RM 1,000**  
**THIRD AWARD: RM 750**

**\*A Certificate of Award will also be presented to the winners. THE JUDGES' DECISION IS FINAL. No further correspondence is allowed**

Certificate of attendance for all Delegates & CPD Points will be applied for Malaysian Doctors, Nurses, Dietitians, Pharmacists, Nutritionists, Medical Assistants, Diabetes Educators & Health Education Officers

**The 'Diabetes Asia 2026' Conference (DAC 2026) will emphasise on recent advances in the understanding and care of diabetes, its complications and related diseases.**

## Cash Prizes, Hampers and Vouchers @ Lucky Draws

To encourage active participation and attendance, lucky draws shall be conducted at the end of the Conference. Lucky winners may receive cash rebates or hampers from advertisers or vouchers from hotels.

To be eligible for the Lucky Draws, participants must visit the exhibitors' booths and tabletops to receive their respective chops as proof of attendance.

## Organising Committee

<b>Patron</b>	YABhg. Tun Dr. Mahathir Mohamad
<b>Advisor</b>	Professor Dato' Anuar Zaini Md. Zain
<b>Chairman</b>	Emeritus Professor Dato' Mustaffa Embong
<b>Secretary</b>	Dato' Dr. Nor 'Aini Abu Bakar
<b>Treasurer</b>	Ms. Rosmawati Yusoff

## Sub Committees

**Scientific Committee**  
Professor Dato' Mafauzy Mohamed (Chairman)  
Professor G.R Letchuman  
Professor Norlaila Mustafa  
Datuk Dr. Zanariah Hussein

**Fund Raising & Exhibition**  
Ms. Rosmawati Yusoff

**Audiovisual**  
Signature Production

**Secretariat**  
Dato' Dr. Nor 'Aini Abu Bakar (Chairperson)  
Dr. Mohamad Nizam Mustafa  
Mr. Muhamad Adlee Md Arshad  
Ms. Nurulhuda Athirah Hadri

### Local Organising (Sarawak) Committee

Dr William Voon (Chairman)  
Connie Tan  
Angeline Lipen  
Dorothy Chong  
Jessie Voon  
Maria Voon  
Pauline Tiun  
Sr Lai Jin Moi  
Vallery Voon

## International Advisory Board

Emeritus Professor Augusto D. Litonjua, *Philippines*  
Emeritus Professor Clive S. Cockram, *Hong Kong*  
Emeritus Professor Morsi Arab, *Egypt*  
Emeritus Professor Philip Home, *United Kingdom*  
Emeritus Professor Thep Himathongkam, *Thailand*  
Professor Eberhard Standl, *Germany*  
Professor Harold E. Lebovitz, *USA*  
Professor Luc Van Gaal, *Belgium*  
Professor Timothy Davis, *Australia*  
Professor Xu Zhang Rong, *China*

## INVITED CONFERENCE SPEAKERS \*

### International Faculty

#### Pre-Recorded Session



**Professor Philip Home** (Confirmed)  
Professor of Diabetes Medicine  
Institute of Cellular Medicine (Diabetes),  
The Medical School,  
Newcastle University  
**UNITED KINGDOM**



**Professor Luc Van Gaal** (Confirmed)  
Professor of Medicine  
Department of Endocrinology,  
Diabetology & Metabolic Disease  
Antwerp University Hospital (UZA)  
**BELGIUM**



**Professor Harold E. Lebovitz** (Confirmed)  
Division of Endocrinology,  
State University of New York  
**UNITED STATES OF AMERICA**



**Professor Eberhard Standl** (Confirmed)  
Professor of Medicine  
Diabetes Research Group e.V.,  
The Helmholtz Center, Munich  
**GERMANY**

#### In-Person Attendance



**Professor Lee Chi Ho, Paul** (Confirmed)  
Chief of Endocrinology, Diabetes and  
Metabolism  
Department of Medicine,  
University of Hong Kong  
**HONG KONG**



**Professor Rinki Murphy** (Confirmed)  
Professor of Medical Medicine  
Faculty of Medical and Health Sciences,  
University of Auckland, Grafton Campus  
**NEW ZEALAND**



**Professor Timothy Davis** (Confirmed)  
Head of Unit Winthrop Professor  
Consultant Physician in General Medicine &  
Diabetes,  
School of Medicine & Pharmacology,  
Fremantle Hospital Unit,  
The University of Western Australia  
**AUSTRALIA**



**Professor C.V. Harinarayan**  
Director, Institute of Endocrinology,  
Diabetes, Thyroid & Osteoporosis Disorders,  
Sakra World Hospital  
**INDIA**



**Professor Eun-Jung Rhee**  
Department of Endocrinology and  
Metabolism,  
Kangbuk Samsung Hospital,  
Sungkyunkwan University School of  
Medicine  
**SOUTH KOREA**



**Professor Nemencio Almare Nicodemus Jr.**  
(Confirmed)  
Professor  
University of the Philippines-College of  
Medicine,  
Department of Medicine,  
Philippine General Hospital  
**PHILIPPINE**

\*Subject to confirmation

The International Faculty will be complemented by more than 30 local experts in diabetes and related fields

# Conference Outline \*

15 OCTOBER 2026		16 OCTOBER 2026		17 OCTOBER 2026	
THURSDAY		FRIDAY		SATURDAY	
(0700 - 0815) <b>REGISTRATION</b>		(0800 - 0900) <b>Breakfast Symposium 1</b> <i>[Slot for Sponsor]</i>		(0715 - 0815) <b>Breakfast Symposium 2</b> <i>[Slot for Sponsor]</i>	
(0815- 0900) <b>Plenary 1</b>				(0815- 0900) <b>Plenary 8</b>	
(0900- 0945) <b>Special Lecture 1</b> <i>[Slot for Sponsor]</i>		(0900- 0945) <b>Special Lecture 2</b> <i>[Slot for Sponsor]</i>		(0900- 0945) <b>Plenary 9</b>	
BREAK (0945-1015)					
(1015 - 1215)		(1015 - 1215)		(1015 - 1215)	
<b>Main Symposium 1A</b> <i>[Slot for Sponsor]</i>	<b>Main Symposium 1B</b> <i>[Slot for Sponsor]</i>	<b>Main Symposium 2A</b>	<b>Main Symposium 2B</b>	<b>Main Symposium 4A</b>	<b>Main Symposium 4B</b>
(1215-1315)		(1215-1315)		(1215-1315)	
<b>Lunch Symposium 1A</b> <i>[Slot for Sponsor]</i>	<b>Lunch Symposium 1B</b> <i>[Slot for Sponsor]</i>	<b>Friday Prayers</b>	<b>Lunch Symposium 2A</b> <i>[Slot for Sponsor]</i>	<b>Lunch Symposium 2B</b> <i>[Slot for Sponsor]</i>	<b>Lunch Symposium 3</b> <i>[Slot for Sponsor]</i>
<b>LUNCH</b> (1315 - 1415)			<b>LUNCH</b> (1315 - 1415)		<b>LUNCH</b> (1315 - 1415)
(1415 - 1545)		(1415 - 1545)		(1415 - 1545)	
<b>Experts' Case Discussion</b>		<b>Main Symposium 3A</b>	<b>Main Symposium 3B</b>	<b>Main Symposium 5A</b>	<b>Main Symposium 5B</b>
1	2				
<b>Free Paper Presentations</b>					
1 (ORAL-Session 1)	2 (POSTER)				
BREAK (1545 - 1615)					
(1615 - 1700) <b>Plenary 2</b>		(1615 - 1700) <b>Plenary 5</b>		(1615 - 1700) <b>Plenary 10</b>	
(1700 - 1745)		(1700 - 1745)		(1700 - 1745)	
<b>Plenary 3 / Meet the Professor</b>	<b>Plenary 4</b>	<b>Plenary 6</b>	<b>Plenary 7 / Meet the Professor</b>	<b>Free Paper Presentation Awarding Ceremony &amp; Lucky Draws</b>	
<b>Dinner Symposium 1</b> <i>[Slot for Sponsor]</i>		<b>Dinner Symposium 2</b> <i>[Slot for Sponsor]</i>		(1745) <b>End of Conference</b>	

\*Subject to changes

## PLENARY TOPICS

### A. CONFIRMED

1. Increased Risk Of Cancer-An Integral Component Of The Cardio Renal Metabolic Disease Cluster And Its Management. **Professor Eberhard Standl, GERMANY**
2. The New Diabetes Playbook : Obesity-First, Kidney-Smart, Heart-Failure-Ready, Tech-Enabled. **Professor Nemencio Almare Nicodemus Jr., PHILIPPINES**
3. Role Of Basal Insulin In T2DM; History And Re-Evaluation. **Professor Philip Home, UK**
4. Regional Adiposity: Genetics, Metabolic Consequences And Treatment. **Professor Harold E. Lebovitz, USA**
5. Improving Risk Prediction For Chronic Kidney Disease Complicating Type 2 Diabetes. **Professor Timothy Davis, AUSTRALIA**

### B. TENTATIVE

5 Topics: Awaiting confirmation from International Speakers

## Symposium Themes/ Topics include:

**1** Therapeutics: GLP-1 Receptor Agonists

**2** New Approach: Long-acting Cardiometabolic Therapies

**3** Advances in Managing Diabetes in Children & Adolescents (Wearable Devices, Prevention)

**4** Roles of Other Healthcare Professionals (Primary Care Physicians, Clinical Pharmacists, Diabetes Educators)

**5** Early Detection and Management of Diabetic Complications (Kidneys, Eyes, Nerves)

**6** Advances in Managing Heart Diseases Associated with Diabetes

**7** The Future of Diabetes Technologies (Sensors, Algorithms, Smart Pens)

**8** Nutrition, Diet and ? Exercise Pill

**9** The Quest to Prevent or Cure Diabetes

**10** Newer Drugs in The Pipeline for Diabetes and Associated Diseases

## Lunch Symposium

Lunch Symposium 1A : Slot for Sponsor  
Lunch Symposium 1B : Slot for Sponsor  
Lunch Symposium 2A : Slot for Sponsor

Lunch Symposium 2B : Slot for Sponsor  
Lunch Symposium 3 : Slot for Sponsor

*\*subject to Changes*

## FREE PAPER PRESENTATION

Free paper presentation is open for all aspects (clinical and scientific) of research relating to diabetes, its complications and co-morbidities.

Participants are encouraged to submit free papers for Oral or Poster Presentation. Please visit our website for further information.

**Closing date for free paper abstract submission is September 1, 2026**

Free paper presentation will be judged for "Best Oral Presentation for Clinical Research Awards", "Best Oral Presentation for Scientific (Basic) Research Awards" and "Best Poster Presentation Awards". An awarding ceremony will be held at the end of the Conference.

Free Paper Presentation is open only for in-person (physical) registration.

## Registration & Fees:

Registration form is enclosed with **this ANNOUNCEMENT**. Completed form must be returned with the proof of registration fee payment to the Secretariat of the **'Diabetes Asia 2026' Conference** by mail or fax.

Registration fee covers admission to all **NADI 'Diabetes Asia 2026' Conference** sessions and trade exhibition, conference bag, identification tag and printed materials, Conference lunches and tea/coffee breaks. The fees are as follows:

### CONFERENCE FEE (In-Person/ Physical)

REGISTRATION	Local Delegate*	International Delegate
EARLY BIRD REGISTRATION (before August 15, 2026)	RM 850.00	USD 400
AFTER August 15, 2026	RM 950.00	USD 500

### CONFERENCE FEE (Virtual/ Online)

REGISTRATION	Local Delegate*	International Delegate
EARLY BIRD REGISTRATION (before August 15, 2026)	RM 550.00	USD 280
AFTER August 15, 2026	RM 650.00	USD 380

(\* Subsidised rates)

**SPECIAL DISCOUNT IS AVAILABLE FOR GROUP BOOKING.  
PLEASE CHECK WITH THE SECRETARIAT FOR DETAILS.**

Please register early to enjoy "Early Bird" discount for registration.

For **ONLINE REGISTRATION & PAYMENT DETAILS**,  
please visit [www.nadidiabetes.com](http://www.nadidiabetes.com)

REGISTRATION FEE SHOULD BE MADE PAYABLE TO:  
**NATIONAL DIABETES INSTITUTE**  
PLEASE REFER TO THE INSTRUCTION ON PAYMENT.

For further Information and Updates regarding the 'Diabetes Asia 2026' Conference (DAC 2026), please contact:

The Secretariat (Attention: Ms. Rosmawati / Ms. Athirah / Mr. Adlee)  
National Diabetes Institute (NADI)

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Email: [enquiry@nadidiabetes.com.my](mailto:enquiry@nadidiabetes.com.my) OR Visit our website: [www.nadidiabetes.com](http://www.nadidiabetes.com)

## About the National Diabetes Institute (NADI)

The National Diabetes Institute (NADI) is established to provide a dedicated and comprehensive service for people with diabetes, to prevent and control diabetes, its complications and associated diseases.

NADI is a **non-profit, Non-Governmental Organisation(NGO)** managed by a Board of Trustees, comprising of Founding and Elected members and representatives from the Malaysian Endocrine and Metabolic Society (MEMS), Diabetes Malaysia (DM) and Ministry of Health (MOH), Malaysia with our former Prime Minister YABhg. Tun Dr. Mahathir Mohamad as Patron.

The main objectives of NADI are:

- to be a National Diabetes Education Resource Centre for the country
- to establish and run a comprehensive health facility including a National Diabetes Hospital for the management of diabetes and its complications
- to create and maintain a National Diabetes Registry
- to coordinate and conduct research in diabetes and related conditions
- to be the national coordinating centre for diabetes in Malaysia in respect to statistics, education, management, research, policy and planning on diabetes and associated diseases
- to prevent diabetes and associated cardiometabolic conditions such as high blood pressure, high blood cholesterol and heart disease through promotion of healthy lifestyle