

**20th (CPD): 'Diabetes Asia 2023' Conference**  
**Royale Chulan Kuala Lumpur, MALAYSIA**  
**October 12-14, 2023**

**DAY 1 – OCTOBER 12, 2023 (THURSDAY)**

0700 - 0900 : **REGISTRATION**

0900 - 0945 : **PLENARY 1**

Chairman: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*

**MODERN ASPECTS OF GLYCEMIC MANAGEMENT AND CVD RISK**

Speaker : Professor Antonio Ceriello, *ITALY*

0945 - 1015 : **BREAK**

1015 - 1215 : **MAIN SYMPOSIUM 1**

**THEME : PRE-DIABETES AND DIABETES REMISSION**

Chairman: Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia*

**i) Diagnosis & Management of Pre-Diabetes**

Datuk Dr. Zanariah Hussein, *Putrajaya Hospital*

**ii) Dietary & Lifestyle Therapy For Diabetes Remission**

Professor Barakatun Nisak Bt Mohd Yusof, *Universiti Putra Malaysia*

**iii) Medical/Surgical Therapy for Diabetes Remission?**

Associate Professor R. Jeyakantha Ratnasingam, *University Malaya Medical Centre*

**iv) Sponsored by Boehringer Ingelheim (Malaysia) Sdn Bhd**

**v) Discussion**

1215 - 1315 : **LUNCH SYMPOSIUM 1**

**Sponsored by DKSH Malaysia Sdn Bhd**

1315 - 1400 : **LUNCH**

1400 - 1530 : **Concurrent Experts' Case Discussions and Free Paper Presentations**

**EXPERTS' CASE DISCUSSION 1**

Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, *Kuala Lumpur Hospital*

**LONG STANDING T2DM WITH ASCVD & CKD**

Presenter: Dr. Radhakrishna Sothiratnam, *Columbia Asia Seremban Hospital*

**Panel :**

1. Dato' Sri Dr. Azhari Rosman, *National Heart Institute*

2. Associate Professor Wan Mohd Izani Wan Mohamed, *Universiti Sains Malaysia Hospital*

3. Dato' Dr. Zaki Morad Mohamad Zaher, *KPJ Ampang Puteri Specialist Hospital*

**EXPERTS' CASE DISCUSSION 2**

Chairman: Professor Muhammad Yazid Jalaludin, *University Malaya Medical Centre*

**'LABILE' T1DM**

Presenter: Associate Professor Azriyanti Anuar Zaini, *University Malaya Medical Centre*

**Panel:**

1. Dr. Janet Hong Yeow Hua, *Putrajaya Hospital*
2. Professor Wu Loo Ling, *Subang Jaya Medical Centre*
3. Associate Professor Noor Shafina Mohd Nor, *Universiti Teknologi Mara*

***Free Paper Presentations***

***(Details refer to 'Abstracts Free Paper Presentation')***

1530 - 1600 : **BREAK**

1600 - 1645 : **PLENARY 2**

Chairman: Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*

**DAWN OF A NEW ERA IN OBESITY MANAGEMENT?**

Speaker : Emeritus Professor Arya Sharma, *CANADA*

1645 - 1730 : **Concurrent Meet the Professor 1**

**MEET THE PROFESSOR 1A**

Chairman : Associate Professor Lim Lee Ling, *University Malaya Medical Centre*

**ELDER WITH T2DM FEELING ' NOT RIGHT**

Resource Person: Professor G.R Letchuman, *Monash University Malaysia*

**MEET THE PROFESSOR 1B**

Chairman: Professor Wu Loo Ling, *Subang Jaya Medical Centre*

**UPDATES IN THE MANAGEMENT OF CHILDHOOD DIABETES**

1. **Parent/sibling with type 1 diabetes: anything we can do to prevent T1DM in the offspring/siblings**
2. **Family with GCK mutations**
3. **T2DM in adolescents: what's next after metformin**

Resource Person: Professor Muhammad Yazid Jalaludin, *University Malaya Medical Centre*

**\*\*END OF DAY 1\*\***

**DAY 2: OCTOBER 13, 2023 (FRIDAY)**

0800 - 0900 : **BREAKFAST SYMPOSIUM**  
**Sponsored by Hovid Pharmacy Sdn Bhd**

0900 - 0945 : **PLENARY 3**

Chairman: Professor Norlaila Mustafa, *Hospital Canselor Tuanku Mukhriz UKM*  
**METFORMIN STILL HAS PRIMACY IN TYPE 2 DIABETES MANAGEMENT**  
Speaker : Professor John M. Miles, *USA*

0945 - 1015 : **BREAK**

1015 - 1215 : **Concurrent Main Symposium 2**

**MAIN SYMPOSIUM 2A**

**THEME : NEW KNOWLEDGE ON DIABETIC MACROVASCULAR COMPLICATIONS**

Chairman: Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*

- i) Prevention & Management of Coronary Heart Disease**  
Dato' Sri Dr. Azhari Rosman, *National Heart Institute*
- ii) Prevention & Management of Stroke**  
Professor Tan Kay Sin, *University Malaya Medical Centre*
- iii) Management of Peripheral Vascular Disease & Diabetic Foot**  
Professor Mohd Yazid Bajuri, *Hospital Canselor Tuanku Mukhriz UKM*
- iv) Discussion**

**MAIN SYMPOSIUM 2B**

**Sponsored by Abbott Laboratories (Malaysia Sdn Bhd)**

1215 - 1315 : **Concurrent Lunch Symposium 2**

**LUNCH SYMPOSIUM 2A**

**Sponsored by Taisho Pharmaceutical**

Chairman: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*  
**SHEDDING LIGHT ON SGLT2 INHIBITORS IN ASIAN DIABETICS**  
Speaker: Dr. Radhakrishna Sothiratnam, *Columbia Asia Seremban Hospital*

**LUNCH SYMPOSIUM 2B**

**Sponsored by AstraZeneca Sdn Bhd**

1315 - 1400 : **LUNCH**

1400 - 1530 : **MAIN SYMPOSIUM 3**

**THEME: ADVANCES IN MICROVASCULAR COMPLICATIONS**

Chairman: Datuk Dr. Zanariah Hussein, *Putrajaya Hospital*

- i) Prevention & Management of Chronic Kidney Disease**  
Dr. Sunita Bavanandan, *Kuala Lumpur Hospital*
- ii) Management of Diabetic Eye Disease**  
Professor Mae-Lynn Catherine Bastion, *Hospital Canselor Tuanku Mukhriz UKM*

**iii) Diagnosis & Management of Diabetic Neuropathy**

Professor Nortina Shahrizaila, *University Malaya Medical Centre*

**iv) Discussion**

1530 - 1600 : **BREAK**

1600 - 1645 : **PLENARY 4**

Chairman: Professor G.R Letchuman, *Monash University Malaysia*

**GLP1-RAs: CURRENT AND COMING**

Speaker : Professor Leszek Czupryniak, *POLAND*

1645 - 1730 : **Concurrent Meet the Professor 2**

**MEET THE PROFESSOR 2A**

Chairman : Datuk Dr. Zanariah Hussein, *Putrajaya Hospital*

**DIABETES IN PREGNANCY**

Resource Person: Professor Datuk Dr Siti Zawiah Omar, *University Malaya Specialist Centre*

Co-resource Person: Professor Rajeev Kumar Rajaratnam

**MEET THE PROFESSOR 2B**

Chairman : Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*

**SUSTAINING DURABILITY OF GLUCOSE**

Resource Person: Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*

1745 - 1830 : **DINNER SYMPOSIUM**

**Sponsored by Servier Malaysia Sdn Bhd**

**\*\* END OF DAY 2 \*\***

**DAY 3: OCTOBER 14, 2023 (SATURDAY)**

0800 - 0900 : **BREAKFAST SYMPOSIUM**

***Sponsored by Merck Sharp & Dohme (Malaysia) Sdn Bhd***

Chairman: Associate Professor Lim Lee Ling, *University Malaya Medical Centre*

**PNEUMOCOCCAL DISEASE AND DIABETES : ARE YOU AT RISK?**

Speaker: Associate Professor Petrick Periyasamy, *Hospital Canselor Tuanku Mukhriz UKM*

0900 - 0945 : **PLENARY 5**

Chairman: Professor Dato' Ikram Shah Ismail, *MAHSA University*

**IMPROVING THE WELL-BEING OF PEOPLE LIVING WITH DIABETES**

Speaker : Professor Richard IG Holt, *UK*

0945 - 1015 : **BREAK**

1015 - 1215 : **Concurrent Main Symposium 4**

: **MAIN SYMPOSIUM 4A**

**THEME : MANAGING DIABETES IN CHILDREN & ADOLESCENT**

Chairman: Dr. Janet Hong Yeow Hua, *Putrajaya Hospital*

i) **Pumps & CGMS in Young Diabetics**

Dr. Ch'ng Tong Wooi, *Sunway Medical Centre*

ii) **Type 2DM & MODY in Young Diabetics**

Associate Professor Lim Lee Ling, *University Malaya Medical Centre*

iii) **Psychosocial & Emotional Issues in Young Diabetics**

Associate Professor Azriyanti Anuar Zaini, *University Malaya Medical Centre*

iv) **Discussion**

**MAIN SYMPOSIUM 4B**

**THEME: DIABETES IN SPECIAL GROUPS: WHAT IS NEW?**

Chairman: Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia*

i) **Diagnosis & Management of Diabetes in Pregnancy**

Dr. Nurain Mohd Noor, *Putrajaya Hospital*

ii) **Management in the Elderly**

Professor Shahrul Bahyah Kamaruzzaman, *University Malaya Medical Centre*

iii) **Management in Inpatient Care**

Associate Professor Wan Mohd Izani Wan Mohamed, *Universiti Sains Malaysia Hospital*

iv) **Discussion**

1215 - 1315 : **LUNCH SYMPOSIUM 3**  
**Sponsored By Zuellig Pharma Sdn Bhd**

1315 - 1400 : **LUNCH**

1400 - 1530 **MAIN SYMPOSIUM 5**

**THEME : DIETARY APPROACHES & COMPLEMENTARY REMEDIES: WHICH IS BETTER?**

Chairman: Professor G.R Letchuman, *Monash University Malaysia*

- i) **Asian Vs Mediterranean Diet**  
Dr Lee Ching Li, *International Medical University*
- ii) **Plant Based Vs Low Carb Diet**  
Associate Professor Zulfitri 'Azuan Mat Daud, *Universiti Putra Malaysia*
- iii) **Complements Vs Supplements for Diabetes**  
Dr. Navin Kumar Loganadan, *Putrajaya Hospital*
- iv) **Discussion**

1530 - 1600 : **BREAK**

1600 - 1645 : **PLENARY 6**

Chairman: Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia*

Topic: **(TO BE CONFIRMED)**

Speaker : Professor Richard O'Brien, *AUSTRALIA (Confirmed)*

1645 - 1730 : **FREE PAPER PRESENTATION AWARDING CEREMONY**

- **BEST ORAL PRESENTATION AWARD**
- **BEST POSTER PRESENTATION AWARD**

**-END OF DIABETES ASIA CONFERENCE 2023-**

## **JUDGING PANELS**

**Chief: Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital***

Date/Time: **October 12, 2023 (Thursday) 1400 - 1530**

### **Section: Best Oral Presentation Award**

- 1) Professor Norlaila Mustafa, *Hospital Canselor Tuanku Mukhriz UKM (Head Judge)*
- 2) Professor G.R Letchuman, *Monash University Malaysia*
- 3) Dr. Fatimah Zaherah Mohamed Shah, *Universiti Teknologi Mara*

Date/Time: **October 12, 2023 (Thursday) 1400 – 1600**

### **Section: Best Poster Presentation Award**

- 1) Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia (Head Judge)*
- 2) Associate Professor Lim Lee Ling, *University Malaya Medical Centre*
- 3) Dr. Sharifah Faradila Wan Muhamad Hatta , *KPJ Damansara Specialist Hospital 2*

*\*Subject to change*