

COURSE PROGRAMME
CLINIC DIABETES: LEARNING FROM KOLs
"Improving Diabetes Care"

May 3-5, 2024
Royale Chulan Kuala Lumpur, MALAYSIA

DAY 1 – May 3, 2024 (Friday)

0700 - 0825 **REGISTRATION**

Moderator : Professor Dato' Anuar Zaini Md. Zain, Monash University Malaysia

0825 - 0830 **Briefing of Course**

Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*

0830 - 1000 **Session # 1: Physical and Dietary Therapy**

i) **Exercise for Diabetics With and Without Physical Disability**
(20min + 10min Q&A)

Speaker: Dr Alston Choong Wai Kwong, *University Malaya Specialist Centre*

ii) **Doable Malaysian Diet for People with Diabetes**
(20min + 10min Q&A)

Speaker: Associate Professor Zulfitri 'Azuan Mat Daud, *Universiti Putra Malaysia*

iii) **Simple Yoga Asanas and Meditation for Diabetes Control**
(20min + 10min Q&A)

Speaker: Ms Ambika Menon, *Arogya Holistic Care*

1000 – 1030 **BREAK (Visit to Booths)**

Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws.

1030 - 1130 **Session # 2: Glucose-Lowering Medications: Oral**

i) **Alpha Glucosidase Inhibitors**

ii) **Metformin**

iii) **Sulfonylureas**

iv) **DPP4-Is**

(20min + 10min Q&A)

Speaker: Dr. Ng Ooi Chuan, *Universiti Putra Malaysia*

v) **SGLT2-Is**

(20min + 10min Q&A)

Speaker: Professor Norlaila Mustafa, *Hospital Canselor Tuanku Muhriz UKM*

1130 - 1200 **Sponsored Lecture : Taisho Pharmaceutical** (20min + 10min Q&A)

Lusefi: Clinical Insights on the Benefits of an SGLT2i in Treating Diabetes

Speaker: Dr Malathi Karupiah, *Prince Court Medical Centre*

1200 - 1300 **LUNCH**

1300 - 1400 **Session # 3: Glucose-Lowering Medications: Injectables**

- i) **Insulin Therapy**
(20min + 10 min Q&A)
Speaker: Dr. Vijay Ananda Paramasvaran, *Pantai Hospital Kuala Lumpur*
- ii) **GLP-1 RAs**
(20 min + 10 min Q&A)
Speaker: Datuk Dr. Zanariah Hussein, *Putrajaya Hospital*

1400 - 1500 **Session # 4: IFG and IGT**

CASE PRESENTATION AND DISCUSSION

Chairman: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*

Diagnosis and significance of IFG, IGT (15 min)

Speaker: Associate Professor Wan Mohd Izani Wan Mohamed, *Universiti Sains Malaysia Hospital*

Panel

1. Professor G.R Letchuman, *Monash University Malaysia*
2. Dr. Ng Ooi Chuan, *Universiti Putra Malaysia*
3. Associate Professor Wan Mohd Izani Wan Mohamed, *Universiti Sains Malaysia Hospital*
4. Dato' Sri Dr. Azhari Rosman, *National Heart Institute*

Case Discussion:

Case #1: Should Prediabetes be Treated? (15min + 30min discussion)

Case Presenter: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*

1500 - 1530 **Special Session: Case Presentations by Participants**

Panel

1. Professor G.R Letchuman, *Monash University Malaysia*
2. Dr. Vijay Ananda Paramasvaran, *Pantai Hospital Kuala Lumpur*
3. Associate Professor Wan Mohd Izani Wan Mohamed, *Universiti Sains Malaysia Hospital*
4. Professor Sazzli Shahlan Kasim, *Universiti Teknologi Mara*

Case 1: My Journey to Conquer Diabetes (5min + 10min discussion)

Case Presenter: Dr Jennett Michael, *Klinik Kesihatan Kota Sentosa*

Case 2: Improving Diabetic Care: The Case Studies of Patients in Intensive Diabetic Clinic (5min + 10min discussion)

Case Presenter: Dr Albert Lim Juan You, *Klinik Kesihatan Kota Sentosa*

1530 - 1600 **BREAK (Visit to Booths)**

Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws.

1600 - 1730 **Session # 5: Diabetes in Pregnancy**

CASE PRESENTATION AND DISCUSSION

Chairman: Professor G.R Letchuman, *Monash University Malaysia*

Managing At-Risk and Diabetic Subjects in Pregnancy

(20 min + 10 min Q&A)

Speaker: Dr. Nurain Mohd Noor, *Putrajaya Hospital*

Panel

1. Professor Norlaila Mustafa, *Hospital Canselor Tuanku Muhriz UKM*
2. Professor Datuk Siti Zawiah Omar, *University Malaya Specialist Centre*
3. Dr. Nurain Mohd Noor, *Putrajaya Hospital*
4. Dr. Ng Ooi Chuan, *Universiti Putra Malaysia*

Case discussion (Appropriate Use of Medications):

Case #2: (10 min + 20 min Q&A)

Case Presenter: Associate Professor Norasyikin A. Wahab, *Hospital Canselor Tuanku Muhriz UKM*

Case #3: (10 min + 20 min Q&A)

Case Presenter: Associate Professor Norasyikin A. Wahab, *Hospital Canselor Tuanku Muhriz UKM*

1730

END OF DAY 1

DAY 2 – May 4, 2024 (Saturday)

Moderator : Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia*

0800 - 0930 **Session #6: Diabetes with Heart Disease**

CASE PRESENTATION AND DISCUSSION

Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, *Prince Court Medical Center*

Diagnosis and management of IHD and CCF in Diabetics

(20 min + 10 min Q&A)

Speaker: Dato' Sri Dr. Azhari Rosman, *National Heart Institute*

Panel:

1. Associate Professor Wan Mohd Izani Wan Mohamed, *Universiti Sains Malaysia Hospital*
2. Professor G.R Letchuman, *Monash University Malaysia*
3. Dato' Sri Dr. Azhari Rosman, *National Heart Institute*
4. Professor Imran Zainal Abidin, *University Malaya Medical Centre*

Case discussion (Ischaemic Heart Disease in Diabetics):

Case #4:(10min + 20min Q&A)

Case Presenter: Datuk Dr. Mohamed Badrulnizam Long Bidin, *Prince Court Medical Centre*

Case discussion (Heart Failure in Diabetics):

Case #5:(10min + 20min Q&A)

Case Presenter: Datuk Dr. Mohamed Badrulnizam Long Bidin, *Prince Court Medical Centre*

0930 - 1000 **SLOT FOR SPONSOR: Zuellig Pharma Sdn Bhd** (20 min + 10 min Q&A)

Simplifying Oral Antidiabetic Therapies in Older People

Speaker: Associate Professor Sharmila Sunita Paramasivam, *University Malaya Medical Centre*

1000 - 1030 **BREAK (Visit to Booths)**

Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws.

1030 - 1130 **Session # 7A: Targets for Glycaemia and Associated Conditions**

Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, *Prince Court Medical Center*

i) **HbA1c**

a) **Type 1**

b) **Type 2**

c) **Remission**

ii) **Cholesterol / Dyslipidaemia**

iii) **Blood pressure**

iv) **Weight**

v) **Others**

(20 min + 10 min Q&A)

Speaker: Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*

Session # 7B: Follow-up Assessments

i) **History**

ii) **Serial Examination**

iii) **Lab tests**

iv) **What and When to Refer**

(20 min + 10 min Q&A)

Speaker: Associate Professor Wan Mohd Izani Wan Mohamed, *Universiti Sains Malaysia Hospital*

1130 - 1200 **SLOT FOR SPONSOR : Zuellig Pharma Sdn Bhd** (20 min + 10 min Q&A)

Simplifying Insulin Therapies in Older People

Speaker: Associate Professor Sharmila Sunita Paramasivam, *University Malaya Medical Centre*

1200 - 1300 **LUNCH**

1300 - 1500 **Session #8: Diagnosis and Practical Management of Patients with Diabetic Kidney Disease**

CASE PRESENTATION AND DISCUSSION

Chairman: Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*

Diagnosis and Practical Management of Patients with Diabetic Kidney Disease

(20 min + 10 min Q&A)

Speaker: Associate Professor Dr Wan Ahmad Hafiz Bin Wan Md Adnan, *Universiti Malaya*

Panel

1. Associate Professor Rozita Mohd, *Hospital Canselor Tuanku Muhriz UKM*

2. Professor G.R Letchuman, *Monash University Malaysia*

3. Associate Professor Dr Wan Ahmad Hafiz Bin Wan Md Adnan, *Universiti Malaya*

Case Discussion (Treatment Options of Diabetes with CKD):

Case #6: (15min + 30min Q&A)

Case Presenter: Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*

Case Discussion (Monitoring and Targets):

Case #7: (15min + 30min Q&A)

Case Presenter: Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*

1500 - 1530 **SLOT FOR SPONSOR: Cardiac Vascular Sentral (CVSKL)**
(20min + 10 min Q&A)

i) **Peripheral Arterial Disease (PAD) in the Diabetic Patient Prevention, Diagnosis & Management**

Speaker: Dr. Leong Yew Pung, *Cardiac Vascular Sentral (Kuala Lumpur)*

ii) **Management of Diabetic Ulcer with PAD**

Speaker: Dr. Tan Kia Lean, *Cardiac Vascular Sentral (Kuala Lumpur)*

1530 - 1600 **BREAK (Visit to Booths)**

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1600 - 1700 **Session #9: Microvascular Complications**

Session #9A: A Diabetic Foot Painful Neuropathy and Non-Healing Foot Ulcer

(20 min +10 min Q&A)

Speaker: Professor Mohd Yazid Bajuri, *Hospital Canselor Tuanku Muhriz UKM*

Session #9B: Retinopathy / Blurring vision

"Doctor! I am not seeing well": Management of Diabetic Retinopathy

(20 min +10 min Q&A)

Speaker: Professor Mae-Lynn Catherine Bastion, *Hospital Canselor Tuanku Muhriz UKM*

1700 - 1730 **Session #10: Treating Obesity in Diabetics**

(20 min +10 min Q&A)

Speaker: Professor Dato' Dr. Nik Ritza Kosai Nik Mahmood, *Hospital Canselor Tuanku Mukhriz UKM*

1730 **END OF DAY 2**

DAY 3 – May 5, 2024 (Sunday)

Moderator : Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia*

0800 - 0930 **Session #11: Diabetes in Children**

CASE PRESENTATION AND DISCUSSION

Chairman: Professor Muhammad Yazid Jalaludin, *University Malaya Medical Centre*

Features and Treatment of Type 1 and Type 2 in Children

(20 min + 10 min Q&A)

Speaker: Associate Professor Azriyanti Anuar Zaini, *University Malaya Medical Centre*

Panel

1. Professor Wu Loo Ling, *Subang Jaya Medical Centre*
2. Associate Professor Noor Shafina Mohd Nor, *Universiti Teknologi Mara*
3. Associate Professor Azriyanti Anuar Zaini, *University Malaya Medical Centre*
4. Dr. Janet Hong Yeow Hua, *Putrajaya Hospital*

Case Discussion:

Case #8: Brittle Type 1 DM, anything else that we can help with?

(10min + 20min Q&A)

Case Presenter: Professor Muhammad Yazid Jalaludin, *University Malaya Medical Centre*

Case #9: Poorly controlled Type 2 DM, does new treatment help?

(10min + 20min Q&A)

Case Presenter: Professor Muhammad Yazid Jalaludin, *University Malaya Medical Centre*

0930 - 1000 **Special Lecture: Issues in T1DM**

Chairman: Associate Professor Noor Shafina Mohd Nor, *Universiti Teknologi Mara*

Key Issues in Managing Children with Type 1 Diabetes

(20min + 10min discussion)

Speaker: Dr. Ch'ng Tong Wooi, *Sunway Medical Centre*

1000 - 1030 **BREAK (Visit to Booths)**

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1030 - 1100 **Clearing Doubts on Diabetes Management** (20 min + 10 min Q&A)

Chairman: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*

Panel

1. Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*
2. Professor Norlaila Mustafa, *Hospital Canselor Tuanku Mukhriz UKM*
3. Professor G.R Letchuman, *Monash University Malaysia*
4. Datuk Dr. Mohamed Badrulnizam Long Bidin, *Prince Court Medical Centre*
5. Dato' Sri Dr. Azhari Rosman, *National Heart Institute*
6. Datuk Dr. Ghazali Ahmad, *National Heart Institute*

1100 - 1230 **Session #12: The Complicated Cases: Prioritising And Optimising Management**

CASE PRESENTATION AND DISCUSSION

Chairman: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*

Panel

1. Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*
2. Professor Norlaila Mustafa, *Hospital Canselor Tuanku Mukhriz UKM*
3. **Dato' Sri Dr. Azhari Rosman, *National Heart Institute***
4. Associate Professor Dr Wan Ahmad Hafiz Bin Wan Md Adnan, *Universiti Malaya*
5. Professor Dato' Dr. Sivalingam Nalliah, *International Medical University*

Case Discussion (The Complicated Cases):

Case #10: (15min + 30min Q&A)

Case Presenter: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*

Case #11: (15min + 30min Q&A)

Case Presenter: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*

1230 - 1300 **CLOSING CEREMONY & LUCKY DRAWS**

1300 - 1400 **LUNCH**

1400 **END OF CLINIC DIABETES COURSE**

** Subject to change*