

COURSE PROGRAMME
CLINIC DIABETES: LEARNING FROM KOLs
"Improving Diabetes Care"

May 3-5, 2024
Royale Chulan Kuala Lumpur, MALAYSIA

DAY 1 – May 3, 2024 (Friday)

0700 - 0825 **REGISTRATION**

0825 - 0830 **Briefing of Course**

Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*

0830 - 1000 **Session # 1: Physical and Dietary Therapy**

i) **Exercise for Diabetics With and Without Physical Disability**

(20min + 10min Q&A)

Dr Alston Choong Wai Kwong, *University Malaya Specialist Centre*
(Confirmed)

ii) **Doable Malaysian Diet for People with Diabetes**

(20min + 10min Q&A)

Professor Barakatun Nisak Mohd Yusof, *Universiti Putra Malaysia* (Confirmed)

iii) **Simple Yoga Asanas and Meditation for Diabetes Control**

(20min + 10min Q&A)

Ms Ambika Menon, *Arogya Holistic Care* (Confirmed)

1000 – 1030 **BREAK (Visit to Booths)**

Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws.

1030 - 1130 **Session # 2: Glucose-Lowering Medications: Oral**

i) **Alpha Glucosidase Inhibitors**

ii) **Metformin**

iii) **Sulfonylureas**

iv) **DPP4-Is**

(20min + 10min Q&A)

Dr. Ng Ooi Chuan, *Universiti Putra Malaysia* (Confirmed)

v) **SGLT2-Is**

(20min + 10min Q&A)

Professor Norlaila Mustafa, *Hospital Canselor Tuanku Mukhriz UKM*
(Confirmed)

1130 - 1200 **SLOT FOR SPONSOR : Taisho Pharmaceutical**

(20min + 10min Q&A)

1200 - 1300 **LUNCH**

1300 - 1400 **Session # 3: Glucose-Lowering Medications: Injectables**

i) **Insulin Therapy**

(20 min + 10 min Q&A)

Dr. Vijay Ananda Paramasvaran, *Pantai Hospital Kuala Lumpur* (Confirmed)

ii) **GLP-1 RAs**

(20 min + 10 min Q&A)

Datuk Dr. Zanariah Hussein, *Putrajaya Hospital* (Confirmed)

1400 - 1500 **Session # 4: IFG and IGT**

CASE PRESENTATION AND DISCUSSION

Chairman: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute* (Confirmed)

Diagnosis and significance of IFG, IGT (15 min)

Associate Professor Wan Mohd Izani Wan Mohamed, *Universiti Sains Malaysia Hospital* (Confirmed)

Panel

1. Professor G.R Letchuman, *Monash University Malaysia* (Confirmed)
2. Datuk Dr. Zanariah Hussein, *Putrajaya Hospital* (Confirmed)
3. Associate Professor Wan Mohd Izani Wan Mohamed, *Universiti Sains Malaysia Hospital* (Confirmed)
4. Dato' Sri Dr. Azhari Rosman, *National Heart Institute* (Confirmed)

Case #1: Should Prediabetes be Treated? (15min + 30min discussion)

Case Presenter: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute* (Confirmed)

1500 - 1530 **SLOT FOR SPONSOR** (20min + 10min Q&A)

1530 - 1600 **BREAK (Visit to Booths)**

Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws.

1600 - 1730 **Session # 5: Diabetes in Pregnancy**

CASE PRESENTATION AND DISCUSSION

Chairman: Professor G.R Letchuman, *Monash University Malaysia* (Confirmed)

Managing At-Risk and Diabetic Subjects in Pregnancy

(20 min + 10 min Q&A)

Dr. Nurain Mohd Noor, Putrajaya Hospital

Panel

1. Professor Norlaila Mustafa, *Hospital Canselor Tuanku Mukhriz UKM* (Confirmed)
2. Professor Datuk Siti Zawiah Omar, *University Malaya Specialist Centre* (Confirmed)
3. **Dr. Nurain Mohd Noor, Putrajaya Hospital**
4. Ng Ooi Chuan, *Universiti Putra Malaysia*

Appropriate Use of Medications

Case #2: (10 min + 20 min Q&A)

Case Presenter: Associate Professor Norasyikin A. Wahab, *Hospital Canselor Tuanku Mukhriz UKM* (Confirmed)

Case #3: (10 min + 20 min Q&A)

Case Presenter: Associate Professor Norasyikin A. Wahab, *Hospital Canselor Tuanku Mukhriz UKM* (Confirmed)

1730

END OF DAY 1

DAY 2 – May 4, 2024 (Saturday)

0800 - 0930 **Session #6: Diabetes with Heart Disease**
Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, *Prince Court Medical Center* (Confirmed)

Diagnosis and management of IHD and CCF in Diabetics

(20 min + 10 min Q&A)

Dato' Sri Dr. Azhari Rosman, *National Heart Institute* (Confirmed)

Panel members:

1. Professor Sazzli Shahlan Kasim, *Universiti Teknologi Mara* (Confirmed)
2. Professor G.R Letchuman, *Monash University Malaysia* (Confirmed)
3. Dato' Sri Dr. Azhari Rosman, *National Heart Institute* (Confirmed)
4. Professor Imran Zainal Abidin, *University Malaya Medical Centre* (Confirmed)

Case presentation and discussion:

Case discussion (Ischaemic Heart Disease in Diabetics):

Case #4:(10min + 20min Q&A)

Case Presenter: Datuk Dr. Mohamed Badrulnizam Long Bidin, *Prince Court Medical Center* (Confirmed)

Case discussion (Heart Failure in Diabetics):

Case #5:(10min + 20min Q&A)

Case Presenter: Datuk Dr. Mohamed Badrulnizam Long Bidin, *Prince Court Medical Center* (Confirmed)

0930 - 1000 **SLOT FOR SPONSOR : Zuellig Pharma Sdn Bhd**
(20 min + 10 min Q&A)

1000 - 1030 **BREAK (Visit to Booths)**
Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws.

1030 – 1130 **Session # 7A: Targets for Glycaemia and Associated Conditions**
Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, *Prince Court Medical Center* (Confirmed)

- i) **HbA1c**
 - a) **Type 1**
 - b) **Type 2**
 - c) **Remission**
- ii) **Cholesterol / Dyslipidaemia**
- iii) **Blood pressure**
- iv) **Weight**
- v) **Others**
(20 min + 10 min Q&A)

Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*
(Confirmed)

Session # 7B: Follow-up Assessments

- i) **History**
- ii) **Serial Examination**
- iii) **Lab tests**
- iv) **What and When to Refer**

(20 min + 10 min Q&A)

Associate Professor Wan Mohd Izani Wan Mohamed, *Universiti Sains Malaysia Hospital* (Confirmed)

1130 - 1200 **SLOT FOR SPONSOR : Zuellig Pharma Sdn Bhd**
(20 min + 10 min Q&A)

1200 - 1300 **LUNCH**

1300 - 1500 **Session #8: Diagnosis and Practical Management of Patients with Diabetic Kidney Disease**

CASE PRESENTATION AND DISCUSSION

Chairman: Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital*
(Confirmed)

Diagnosis and Practical Management of Patients with Diabetic Kidney Disease

(20 min + 10 min Q&A)

Associate Professor Dr Wan Ahmad Hafiz Bin Wan Md Adnan, *Universiti Malaya*
(Confirmed)

Panel

1. Associate Professor Rozita Mohd, *Hospital Canselor Tuanku Muhriz UKM*
(Confirmed)
2. Dr. Foo Siew Hui, *Selayang Hospital / Subang Jaya Medical Centre* (Confirmed)
3. Associate Professor Dr Wan Ahmad Hafiz Bin Wan Md Adnan, *Universiti Malaya*
(Confirmed)
4. Dato' Dr. Zaki Morad Mohamad Zaher, *KPJ Ampang Puteri Specialist Hospital*
(Confirmed)

Case Discussion (Treatment Options of Diabetes with CKD):

Case #6: (15min + 30min Q&A)

Case Presenter: Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital* (Confirmed)

Case Discussion (Monitoring and Targets):

Case #7: (15min + 30min Q&A)

Case Presenter: Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital* (Confirmed)

1500 - 1530 **SLOT FOR SPONSOR: Cardiac Vascular Sentral (CVSKL)**
(20 min + 10 min Q&A)

1530 - 1600 **BREAK (Visit to Booths)**

Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws.

1600 - 1700 **Session #9: Microvascular Complications**

**Session #9A: A Diabetic Foot
Painful Neuropathy and Non-Healing Foot Ulcer**

(20 min +10 min Q&A)

Professor Mohd Yazid Bajuri, *Hospital Canselor Tuanku Muhriz UKM* (Confirmed)

Session #9B: Retinopathy / Blurring vision

(20 min +10 min Q&A)

Professor Mae-Lynn Catherine Bastion, *Hospital Canselor Tuanku Muhriz UKM* (Confirmed)

1700 - 1730 **Session #10: Treating Obesity in Diabetics**

(20 min +10 min Q&A)

Professor Dato' Dr. Nik Ritza Kosai Nik Mahmood, *Hospital Canselor Tuanku Muhriz UKM* (Confirmed)

1730 **END OF DAY 2**

DAY 3 – May 5, 2024 (Sunday)

0800 - 0930 **Session #11: Diabetes in Children**

CASE PRESENTATION AND DISCUSSION

Chairman: Professor Muhammad Yazid Jalaludin, *University Malaya Medical Centre* (Confirmed)

Features and Treatment of Type 1 and Type 2 in Children

(20 min + 10 min Q&A)

Associate Professor Azriyanti Anuar Zaini, *University Malaya Medical Centre* (Confirmed)

Panel

1. Professor Wu Loo Ling, *Subang Jaya Medical Centre* (Confirmed)
2. Associate Professor Noor Shafina Mohd Nor, *Universiti Teknologi Mara* (Confirmed)
3. Associate Professor Azriyanti Anuar Zaini, *University Malaya Medical Centre* (Confirmed)
4. Dr. Janet Hong Yeow Hua, *Putrajaya Hospital* (Confirmed)

Case #8: Is this type1 or type2? (10min + 20min Q&A)

Case Presenter: Professor Muhammad Yazid Jalaludin, *University Malaya Medical Centre* (Confirmed)

Case #9: Comorbidities in type 2 children: Should We Treat?

(10min + 20min Q&A)

Case Presenter: Professor Muhammad Yazid Jalaludin, *University Malaya Medical Centre* (Confirmed)

0930 - 1000 **SLOT FOR SPONSOR** (20 min + 10 min Q&A)

1000 - 1030 **BREAK (Visit to Booths)**

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1030 - 1100 **SLOT FOR SPONSOR** (20 min + 10 min Q&A)

1100 – 1230 **Session #12: The Complicated Cases: Prioritising And Optimising Management**

Chairman: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute* (Confirmed)

Panel

1. Professor Dato' Mafauzy Mohamed, *Universiti Sains Malaysia Hospital* (Confirmed)

2. Professor Norlaila Mustafa, *Hospital Canselor Tuanku Mukhriz UKM* (Confirmed)

3. Professor Imran Zainal Abidin, *University Malaya Medical Centre* (Confirmed)

4. Associate Professor Dr Wan Ahmad Hafiz Bin Wan Md Adnan, *Universiti Malaya* (Confirmed)

5. Professor Datuk Siti Zawiah Omar, *University Malaya Specialist Centre* (Confirmed)

Case presentation and discussion:

Case Discussion (The Complicated Cases):

Case #10: Topic (15min + 30min Q&A)

Case Presenter: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute* (Confirmed)

Case #11: Topic (15min + 30min Q&A)

Case Presenter: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute* (Confirmed)

1230 - 1300 **CLOSING CEREMONY & LUCKY DRAWS**

1300 - 1400 **LUNCH**

1400 **END OF CLINIC DIABETES COURSE**

* Subject to change