

FINAL ANNOUNCEMENT

23rd Continuing Professional Development (CPD) Series

Organised by:



THE BRANDLAUREATE
CSR AWARDS 2018
NATIONAL DIABETES
INSTITUTE



THE BRANDLAUREATE
CSR BRANDLEADERSHIP
AWARDS 2018
PROF. MUSTAFFA EMBONG

Endorsed by:



Ministry of Health Malaysia



CLINIC DIABETES: LEARNING FROM KOLS (CDC 2026)



23

THURSDAY

24

FRIDAY

25

SATURDAY

APRIL, 2026



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117 Jalan Pudu, Bukit Bintang,
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SECRETARIAT
CLINIC DIABETES (CDC 2026)
NATIONAL DIABETES INSTITUTE

No 1, Jalan SS3/50, 47300 Petaling Jaya, Selangor, MALAYSIA

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CLINIC DIABETES COURSE

Clinic Diabetes is an interactive Course to be conducted by **Key Opinion Leaders (KOLs)** in the respective fields. It will be based on discussion of relevant clinical cases to define best option in the management of diabetes, associated diseases and complications.

The Course would be of interest to Healthcare Professionals involved in managing diabetes, its complications, and associated diseases.

FORMAT OF CLINIC DIABETES

The Course is divided into Sessions. Each session shall start with short presentation to highlight specific feature and significance of a condition followed by presentation of 1-2 relevant cases for discussion by a Panel of KOLs in the specific field(s) of interest.



EIGHT SESSIONS ARE PLANNED*

#1 Management of T2DM	#5 T1DM and Associated Problems
#2 Obesity and Metabolic Syndrome	#6 Diabetes in Pregnancy
#3 Depression and Diabetes	#7 Diabetes and the Kidney
#4 Diabetes and the Heart	#8 Diabetes in Special Populations

**Subject to Change*

AUDIENCE PARTICIPATION

The audience is expected to participate in the discussion by asking questions and providing opinions orally or via Slido.

Objective of the Course

At the end of the Course, Participants are expected to

- Understand indication for use of established and newer antidiabetic agents, both oral and injectables
- Be familiar with management of common types of diabetes and associated diseases
- Appreciate use of newer diabetic medications with non-glycaemic activities
- Be able to apply knowledge gained during the Course to better manage patients with diabetes



Benefits of the Course for Participants

- Receive certificate of Attendance
- A chance to interact with experts in the management of diabetes and associated diseases
- Be familiar with anti-diabetic drugs and their use
- Learn management of diabetes and associated conditions
- Chance to win cash prizes, hampers and vouchers @ Lucky Draws
- CPD Points shall be applied

Certificate of Attendance for all Delegates



Cash Prizes, Hampers and Vouchers @ Lucky Draws

To encourage active participation and attendance, lucky draws shall be conducted at the end of the Course. Lucky winners may receive cash rebates or hampers from advertisers or vouchers from hotels.

To be eligible for the Lucky Draws, participants must visit the exhibitors' booths and tabletops to receive their respective chops as proof of attendance.



CLINIC DIABETES COURSE ATTENDANCE

This Clinic Diabetes Course is opened to all healthcare professionals involved in the management of persons with diabetes and associated conditions including Medical and Surgical Specialists, Medical and Health Officers, Pharmacists, Diabetes Educators, Medical Assistants, General Practitioners, Trainee Lecturers, Nursing Practitioners, Dietitians/Nutritionists

ORGANISING COMMITTEE

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YABhg. Tun Dr. Mahathir Mohamad

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Professor Dato' Anuar Zaini Md. Zain

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Professor Harold E. Lebovitz, USA
Professor Luc Van Gaal, Belgium
Professor Timothy Davis, Australia
Professor Xu Zhang Rong, China

INVITED KOLS*

Local Experts in Diabetes and Key Opinion Leader (KOLs) in related disciplines have been invited for the Course, including:

Endocrinology

1. Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*
2. Emeritus Professor Dato' Ikram Shah Ismail, *MAHSA University*
3. Professor Dato' Anuar Zaini Md Zain, *Monash University Malaysia*
4. Professor Dato' Mafauzy Mohamed, *Hospital Universiti Sains Malaysia*
5. Professor G.R. Letchuman, *Monash University Malaysia*
6. Professor Norlaila Mustafa, *Hospital Canselor Tuanku Muhriz UKM*
7. Associate Professor Norasyikin A. Wahab, *Hospital Canselor Tuanku Muhriz UKM*
8. Associate Professor Wan Mohd Izani Wan Mohamed, *Hospital Universiti Sains Malaysia*
9. Datuk Dr. Mohamed Badrulnizam Long Bidin, *Prince Court Medical Centre*
10. Datuk Dr. Zanariah Hussein, *Hospital Putrajaya*
11. Dr. Ng Ooi Chuan, *Universiti Putra Malaysia*

Pediatric Endocrinology

12. Professor Wu Loo Ling, *Subang Jaya Medical Centre*
13. Dr. Joyce Hong Soo Synn, *Universiti Kebangsaan Malaysia*
14. Dr. Nalini M Selveindran, *Hospital Putrajaya*
15. Dr. Nurshadia Samingan, *University Malaya Medical Centre*

Cardiology

16. Professor Imran Zainal Abidin, *University Malaya Medical Centre*
17. Dr. Hafidz Abd Hadi, *National Heart Institute*

Nephrology

18. Professor Lim Soo Kun, *University Malaya Medical Centre*
19. Associate Professor Rozita Mohd, *Hospital Canselor Tuanku Muhriz UKM*

Obstetric & Gynaecology

20. Professor Dato' N. Sivalingam, *IMU University*
21. Dr. Nurul Iftida Basri, *Universiti Putra Malaysia*

Primary Care Physician

22. Associate Professor Saharuddin Ahmad, *Hospital Canselor Tuanku Muhriz UKM*
23. Dr. Chow Suet Yin, *IMU University*
24. Dr. Firdaus Ahmad, *Klinik Kesihatan Bandar Tun Hussein Onn*
25. Dr. Wong Ping Foo, *Klinik Kesihatan Cheras Baru*

Geriatrician & Gerontologist

26. Associate Professor Yau Weng Keong, *Taylor's University*
27. Dr. Hazlina Mahadzir, *Hospital Canselor Tuanku Muhriz UKM*

Psychiatry

28. Dr. Hariyati Shahrina Abdul Majid, *IJN University College*

Dietitian/ Nutritionist

29. Professor Barakatun Nisak Mohd Yusof, *Universiti Putra Malaysia*
30. Professor Winnee Chee Siew Swee, *IMU University*
31. Associate Professor Zulfitri 'Azuan Mat Daud, *Universiti Putra Malaysia*
32. Dr. Lee Ching Li, *IMU University*

Pharmacist

33. Dr. Navin Kumar Loganadan, *Hospital Putrajaya*

Diabetes Educator

34. Ms. Nurul Huda Mah Hussin, *University Malaya Medical Centre*

*Subject to confirmation

COURSE OUTLINE*

23 APRIL 2026	24 APRIL 2026	25 APRIL 2026
THURSDAY	FRIDAY	SATURDAY
(0700 - 0825) REGISTRATION	(0830 - 1000) SESSION #4 <i>{Diabetes and the Heart}</i>	(0830 - 1000) SESSION #7 <i>{Diabetes and the Kidney}</i>
(0825 - 0830) BRIEFING OF CDC 2026		
(0830 - 1000) SESSION #1 <i>{Management of T2DM}</i>		
BREAK & BOOTHS VISIT (1000 - 1030)		
(1030 - 1200) SESSION #2 <i>{Obesity and Metabolic Syndrome}</i>	(1030 - 1200) SESSION #5 <i>{T1DM and Associated Problems}</i>	(1030 - 1200) SESSION #8 <i>{Diabetes in Special Populations}</i>
(1200 - 1245) SPECIAL LECTURE #1	(1200 - 1245) SPECIAL LECTURE #2	(1200 - 1245) SPECIAL LECTURE #3
LUNCH (1245 - 1400)	FRIDAY PRAYERS	LUNCH (1245 - 1400)
(1245 - 1315) Closing Ceremony & lucky Draws		
(1400 - 1530) SESSION #3 <i>{Depression and Diabetes}</i>	(1400 - 1530) SESSION #6 <i>{Diabetes in Pregnancy}</i>	LUNCH (1315 - 1400)
(1530 - 1630) [CLEARING DOUBTS 1: Diabetes and Comorbidities]	(1530 - 1630) [CLEARING DOUBTS 2: Managing Diabetes Complications]	(1400) End of Course
BREAK & BOOTHS VISIT (1630 - 1700)		

**Subject to change
** Slots available for Sponsors*

COURSE DETAILS*

DAY 1 - April 23, 2026 (Thursday)	
0700 - 0825	REGISTRATION
0825 - 0830	Briefing of Course
0830 - 1000	Session # 1: Management of T2DM (90 min) Lecture: Pharmacotherapy of T2DM (25 min) Case Discussion (10 min presentation + 20 min discussion for each case) Case #1: A 30-Year-Old Housewife with Uncontrolled Diabetes Case #2: Uncontrolled T2DM Following a Pancreatectomy
1000 - 1030	BREAK (Visit to Booths) <i>Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws</i>
1030 - 1200	Session # 2 : Obesity and Metabolic Syndrome (90 min) Lecture: Lifestyle Intervention as Primary Intervention (25 min) Case Discussion (10 min presentation + 20 min discussion for each case) Case #3: A 26-Year-Old Woman with Obesity and Newly Diagnosed Diabetes Case #4: A 54-Year-Old Man with Dyslipidaemia Not Reaching Targets Despite on High Dose Statin
1200 - 1245	SPECIAL LECTURE #1 (45 min) Personalized Management of Dyslipidaemia in People with Diabetes

COURSE DETAILS* Continued

1245 - 1400	LUNCH
1400 - 1530	Session # 3 : Depression and Diabetes (90 min) Lecture: Diabetes Distress: Prevalence and Impact (25 min) Case Discussion (10 min presentation + 20 min discussion for each case) Case #5: A 35-Year-Old T1 Diabetic Who Stopped Glucose Monitoring Case #6: Mrs. AR, Diabetic for 10 Years and Feeling Overwhelmed with Trying to Manage Her Diabetes
1530 - 1630	Clearing Doubts 1: Diabetes and Comorbidities (60 min)
1630	BREAK (Visit to Booths) <i>Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws</i>
1700	END OF DAY 1

DAY 2 - April 24, 2026 (Friday)

0830 - 1000	Session # 4: Diabetes and the Heart (90 min) Lecture: Cardiovascular Risk in Diabetes (25 min) Case Discussion (10 min presentation + 20 min discussion for each case) Case #7: Mr MH, Having Recurrent Heart Failure and Taking High Dose of Insulin Case #8: A 50-Year-Old man with Uncontrolled Hypertension
1000 - 1030	BREAK (Visit to Booths) <i>Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws</i>
1030 - 1200	Session # 5 : T1DM and Associated Problems (90 min) Lecture: T1 Diabetes with Metabolic Syndrome (25 min) Case Discussion (10 min presentation + 20 min discussion for each case) Case #9: A 17-Year Old T1 Diabetic Requiring High Doses of Insulin Case #10: A Long-Standing T1D with Frequent Hypoglycaemia
1200 - 1245	SPECIAL LECTURE #2 (45 min) The Expanding Role of GLP-1 Receptor Agonists
1245 - 1400	LUNCH
1400 - 1530	Session # 6 : Diabetes in Pregnancy (90 min) Lecture: Gestational Diabetes: Diagnostic Criteria and Glycaemic Target (25 min) Case Discussion (10 min presentation + 20 min discussion for each case) Case #11: Mrs HA, 36-Year-Old G2P1 at 25-week POA with Glycated Haemoglobin of 7.3% Case #12: A 48-Year-Old G5P2 T2 Diabetic with Unplanned Pregnancy at 14-Week Gestation
1530 - 1630	Clearing Doubts 2: Managing Diabetic Complications (60 min)
1630	BREAK (Visit to Booths) <i>Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws</i>
1700	END OF DAY 2

DAY 3 - April 25, 2026 (Saturday)

0830 - 1000	Session # 7 : Diabetes and the Kidney (90 min) Lecture: Chronic Kidney Disease: A Clinical Practice Guideline (25 min) Case Discussion (10 min presentation + 20 min discussion for each case) Case #13: A 30-Year-Old Man with Good Glycaemic Control but Persistent Heavy Proteinuria Case #14: Long-Standing T2 Diabetic with DKD Stage 3B
1000 - 1030	BREAK (Visit to Booths) <i>Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws</i>
1030 - 1200	Session # 8 : Diabetes in Special Populations (90 min) Lecture: Managing Diabetes in the Elderly (25 min) Case Discussion (10 min presentation + 20 min discussion for each case) Case #15: A 76-Year-Old Man with Recurrent Hypoglycaemia Case #16: A 65-Year Old Diabetic with Multiple Comorbidities
1200 - 1245	SPECIAL LECTURE #3 (45 min) Role of Caregivers in Caring for End Stage Diabetes
1245- 1315	CLOSING CEREMONY & LUCKY DRAWS
1315 - 1400	LUNCH
1400	END OF CLINIC DIABETES COURSE 2026

**Subject to changes*

REGISTRATION & FEES

Registration form is enclosed with this **FINAL COURSE ANNOUNCEMENT**.

Completed form must be returned with the proof of registration fee payment to the Secretariat of the 'Clinic Diabetes Course 2026' by mail or fax.

Registration fee covers admission to all NADI 'Clinic Diabetes Course 2026' sessions and trade exhibition, bag, identification tag and printed materials, lunches and tea/coffee breaks. The fees are as follows:

Local Delegates (*Subsidised Rates)

Registration	Course Fee*	Please Tick
Early Bird Registration (Before March 15, 2026)	RM 850	
After March 15, 2026	RM 950	

International Delegates

Registration	Course Fee	Please Tick
Early Bird Registration (Before March 15, 2026)	USD 380	
After March 15, 2026	USD 480	

Please register early to enjoy "Early Bird" discount for registration.

For ONLINE REGISTRATION & PAYMENT DETAILS,
please visit www.nadidiabetes.com.my

Registration fee should be made payable to:
NATIONAL DIABETES INSTITUTE
Please refer to the instruction on payment.

ACCOMMODATION

Special room rates have been arranged for the course participants from **April 23-25, 2026** at the following hotels:

- Grand Mercure Kuala Lumpur Bukit Bintang (Course Venue)
- Melia Kuala Lumpur
- CitizenM Kuala Lumpur Bukit Bintang
- Ancasa Hotel Kuala Lumpur
- Pullman Kuala Lumpur City Centre Hotel & Residences
- Berjaya Times Square Hotel, Kuala Lumpur
- Ibis Style Kuala Lumpur Bukit Bintang

Participants are advised to reserve their hotel accommodation early, **DIRECTLY** with the hotel of their choice.

Please specify that you wish to book as a participant of the National Diabetes Institute 'Clinic Diabetes Course 2026' in order to qualify for the special rates offered. Please refer to the accompanying leaflet for details.

Disclaimer:

The National Diabetes Institute and its agents are not to be held responsible for any change in the terms or conditions of the hotel accommodation.

For further information and updates regarding the 'Clinic Diabetes Course 2026', please contact:

The Secretariat (Attention: Ms. Rosmawati / Ms. Athirah)

National Diabetes Institute (NADI)

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Email: enquiry@nadidiabetes.com.my OR Visit our website: www.nadidiabetes.com.my

About the National Diabetes Institute (NADI)

The National Diabetes Institute (NADI) is established to provide a dedicated and comprehensive service for people with diabetes, to prevent and control diabetes, its complications and associated diseases.

NADI is a **non-profit, Non-Governmental Organisation (NGO)** managed by a Board of Trustees, comprising of Founding and Elected members and representatives from the Malaysian Endocrine and Metabolic Society (MEMS), Diabetes Malaysia (DM) and Ministry of Health (MOH), Malaysia with our former Prime Minister YABhg. Tun Dr. Mahathir Mohamad as Patron.

The main objectives of NADI are:

- to be a National Diabetes Education Resource Centre for the country
- to establish and run a comprehensive health facility including a National Diabetes Hospital for the management of diabetes and its complications
- to create and maintain a National Diabetes Registry
- to coordinate and conduct research in diabetes and related conditions
- to be the national coordinating centre for diabetes in Malaysia in respect to statistics, education, management, research, policy and planning on diabetes and associated diseases
- to prevent diabetes and associated cardiometabolic conditions such as high blood pressure, high blood cholesterol and heart disease through promotion of healthy lifestyle