



“DIABETES ASIA 2026” CONFERENCE (DAC 2026)

Certificate of attendance
will be issued for all
Delegates.



HYBRID CONFERENCE (PHYSICAL AND LIVE STREAM SESSIONS)

CPD Points will be applied for Malaysian
Doctors, Nurses, Dietitians, Pharmacists,
Nutritionists, Medical Assistants, Diabetes
Educators & Health Education Officers.

15

THURSDAY

16

FRIDAY

17

SATURDAY

OCTOBER, 2026

VENUE:

**voco Kuching by IHG,
Kuching, Sarawak, MALAYSIA**

Objectives of the Conference

The Continuing Professional Development (CPD) Series as “Diabetes Asia 2026” Conference aims to help improve management of diabetes with emphasis on recent advances and practical aspects of diabetes care.

Participants are expected to be able to:

- Appreciate recent advances and practical aspects of diabetes care.
- Understand ways of ensuring early diagnosis and optimal management for good control of diabetes, its complications and associated diseases
- Apply knowledge gained during the Conference to further improve care for persons with diabetes in the community

Invited International Faculty*

International Speakers (IN-PERSONS) :

- Professor Lee Chi Ho, Paul, **HONG KONG**
- Professor Nemencio Almare Nicodemus Jr., **PHILIPPINES**
- Professor Nihal Thomas, **INDIA**
- Professor Rinki Murphy, **NEW ZEALAND**
- Professor Timothy Davis, **AUSTRALIA**

International Speakers (PRE-RECORDED PLENARY) :

- Professor Eberhard Standl, **GERMANY**
- Professor Harold E. Lebovitz, **USA**
- Professor Luc Van Gaal, **BELGIUM**
- Professor Philip Home, **UNITED KINGDOM**

Who Should Attend

Healthcare professionals responsible for managing people with diabetes including:

- Medical and Surgical Specialists
- General Physicians and Surgeons
- Primary Care Physicians
- General Practitioners
- Medical and Health Officers
- Trainee Lecturers
- Pharmacists
- Nutritionists and Dietitians
- Researchers (Clinical & Basic Sciences) in Diabetes
- Health Education Officers
- Diabetes Educators
- Other healthcare professionals involved in diabetes care

The “Diabetes Asia 2026” Conference (DAC 2026) will emphasise on recent advances in the understanding and care of diabetes, its complications and related diseases.

Cash prizes, Hampers and Vouchers @ Lucky Draws

To encourage active participation and attendance, lucky draws shall be conducted at the end of the Conference. Lucky winners may receive cash rebates or hampers from advertisers or vouchers from hotels.

To be eligible for the Lucky Draws, participants must visit the exhibitors' booths and table tops to receive their respective chops as proof of attendance.

Scientific Programme*

International speakers will be delivering lectures IN-PERSON and PRE-RECORDED on subjects of current interest relevant to diabetes care during Plenary and Symposium Sessions. They may also be resource persons for Meet-the-Professors Sessions. About 30 Local experts will participate in-person in symposiums and case discussion sessions.

PLENARY TOPICS

- The New Diabetes Playbook: Obesity-First, Kidney-Smart, Heart-Failure-Ready, Tech-Enabled
- Lifestyle Recommendations For GLP-1 Mediated Therapy Users
- Increased Risk Of Cancer- An Integral Component Of The Cardio Renal Metabolic Disease Cluster And Its Management
- Differential Diagnosis Of Diabetes In The Young And Lean In Asia-The Impact Of Genetics, Inheritance, Nutritional Aspects
- Regional Adiposity: Genetics, Metabolic Consequences And Treatment
- Improving Risk Prediction For Chronic Kidney Disease Complicating In Type 2 Diabetes
- Role Of Basal Insulin In T2dm; History And Re Evaluation
- Current Approach To Weight Management In People With Diabetes

SPECIAL LECTURE

Mechanical offloading of the Diabetes Foot in various situations-Clinical Examples and Techniques.
Professor Nihal Thomas, **INDIA**

MEET THE PROFESSORS

1.Use of Anti-Diabetic Medications

- Professor Timothy Davis, **AUSTRALIA**
- Professor Nemencio Almare Nicodemus Jr., **PHILIPPINES**
- Professor G.R Letchuman, **MALAYSIA**

2.Diseases Associated with Diabetes

- Professor Nihal Thomas, **INDIA**
- Professor Rinki Murphy, **NEW ZEALAND**
- Professor Lee Chi Ho, Paul, **HONG KONG**

SYMPOSIUM THEMES / TOPICS INCLUDE:

Main Symposium 1A

THERAPEUTICS: GLP-1 RECEPTOR AGONISTS

- History, Evolution, (Presumed) Mechanism of Action
- GLP-1 RA Use: Obesity, Heart, Kidney (and Diabetes)
- The Future of GLP-1 RA (Combination, New Indications, New Molecules)

Main Symposium 2A

THEME: MANAGING DIABETES IN CHILDREN AND ADOLESCENTS

- Technology in T1 Diabetes Care: Pumps, Continuous Glucose Monitoring, Automated Delivery
- Managing a Child With 'Labile' Diabetes
- Determining T1 or T2 Diabetes in Children: From Clinical Assessment to Molecular Studies

Main Symposium 2B

NEW APPROACH: LONG-ACTING CARDIOMETABOLIC THERAPIES

- Diabetes: Longer-Acting Insulins
- Hyperlipidaemia: Progress to Ultra-Long-Acting LDL Control
- Hypertension: Novel Therapies in Managing HT

Main Symposium 3A

THE QUEST TO PREVENT OR CURE DIABETES

- Prevention or Delay of T2 Diabetes-Current Status and Clinical Challenges
- Precision Medicine: Towards a Cure for Type 1 Diabetes
- Diabetes Epidemic in Asia: Can It Be Prevented in The Near Future?

Main Symposium 3B

EARLY DETECTION AND MANAGEMENT OF DIABETIC COMPLICATIONS

- Early Kidney Damage Detection and Management, Applicable to Primary Care Physicians
- Advances in Retinal Imaging and Microvascular Protection for Diabetic Retinopathy
- New Approaches in the Management of Diabetic Peripheral Neuropathy

Main Symposium 4A

ADVANCES IN MANAGING HEART DISEASES ASSOCIATED WITH DIABETES

- Assessing Cardiovascular Risk in Diabetics: When and How?
- Current Recommendation in Managing Heart Failure in People With Diabetes
- Novel and Established Interventions to Improve Cardiovascular Outcomes in Diabetics

Main Symposium 4B

THE EFFECTS OF DIABETES ON OTHER ORGANS

- Mental Health of Patients With Diabetes: Depression, Diabetes Distress and Dementia
- Steatotic Hepatopathy and Type 2 Diabetes
- The Role of Fat Cells in Diabetes

Main Symposium 5A

NUTRITION, DIET AND EXERCISE PILL

- Evidence-Based Best Diet for Women With Diabetes in Pregnancy
- Diabetes Herbal Medicine and Dietary Supplements: Presumed Benefits and Health-Related Risks
- Too Lazy to Exercise? No Worries-Just Swallow a Pill

Main Symposium 5B

ROLE OF HEALTHCARE PROFESSIONALS IN DIABETES CARE

- Primary Care Physicians: Challenges in Integrating Diabetes Management into Primary Care Setting
- Clinical Pharmacists: Helping Improve Patients' Compliance; Overcoming Barriers
- Diabetes Educators: Educating Patients in Malaysia, Aiming for World's Standard

EXPERTS' CASE DISCUSSIONS

- Type 2 DM With Macro-and Micro-Vascular Complications
- Type 1 DM With Frequent DKA

SPONSORED SESSIONS

- Pharmaniaga Marketing Sdn Bhd
- Servier Malaysia Sdn Bhd
- Hovid Pharmacy Sdn Bhd

Free Paper

Participants are encouraged to submit free papers for Oral or Poster Presentation. Please refer to the attached “Call for Free Paper Abstracts” for instruction.

Closing date for free paper abstract submission: **SEPTEMBER 1, 2026**

FREE PAPER AWARDS (CASH PRIZES)

BEST ORAL PRESENTATION (Clinical Research)	BEST ORAL PRESENTATION (Scientific Research)	BEST POSTER PRESENTATION
BEST AWARD RM 3,000	BEST AWARD RM 2,000	BEST AWARD RM 2,000
SECOND AWARD RM 2,000	SECOND AWARD RM 1,500	SECOND AWARD RM 1,000
THIRD AWARD RM 1,000	THIRD AWARD RM 1,000	THIRD AWARD RM 750

*A Certificate of Award will also be presented to the winners. THE JUDGES' DECISION IS FINAL. No further correspondence is allowed

Registration Fees

Completed registration form must be returned with proof of registration fee payment to the Secretariat of the “Diabetes Asia 2026” Conference by email or fax. Registration fee covers admissions to all NADI “Diabetes Asia 2026” Conference sessions and trade exhibition, conference bag, identification tag and printed materials, Conference lunches and tea/coffee breaks (PHYSICAL ATTENDANCE ONLY). The fees are as follows:

CONFERENCE FEE (In-Person/ Physical Attendance)		
REGISTRATION	Local Delegate*	International Delegate
EARLY BIRD (before September 1, 2026)	RM 850.00	USD 400
AFTER September 1, 2026	RM 950.00	USD 500

*subsidised rates

Malaysia Airlines has provided an airfare discount. To purchase your ticket, visit official booking portal at: www.malaysiaairlines.com/flytoevents.

Add the promo code: **MHDIAC15**

CONFERENCE FEE (Virtual/ Online) - LIVE Stream sessions ONLY		
REGISTRATION	Local Delegate*	International Delegate
EARLY BIRD (before September 1, 2026)	RM 550.00	USD 280
AFTER September 1, 2026	RM 650.00	USD 380

For ONLINE REGISTRATION & PAYMENT DETAILS, please visit www.nadidiabetes.com

Please register early to enjoy “Early Bird” discount for registration

For further information and updates regarding the “Diabetes Asia 2026” Conference (DAC 2026), please contact: The Secretariat (Attention: Ms. Rosmawati/ Ms. Athirah / Mr. Adlee)

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