

FINAL ANNOUNCEMENT

23RD CONTINUING PROFESSIONAL DEVELOPMENT (CPD) SERIES



Organised by:

NADI NATIONAL
DIABETES
INSTITUTE
CENTRE OF EXCELLENCE-DEDICATED TO DIABETICS



THE BRANDLAUREATE
CSR AWARDS 2018
NATIONAL DIABETES
INSTITUTE



THE BRANDLAUREATE
CSR BRANDELEADERSHIP
AWARDS 2018
PROF. MUSTAFFA EMBONG

Endorsed by:



"DIABETES ASIA 2026" CONFERENCE (DAC 2026)

HYBRID CONFERENCE

(Physical and Live Stream Sessions)



15

THURSDAY

16

FRIDAY

17

SATURDAY

OCTOBER, 2026

voco Kuching by IHG

**Lot 3186-3187, Block 16, KCLD, Jalan Lapangan Terbang Baru 1,
93350 Kuching, Sarawak, MALAYSIA**

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**Secretariat "Diabetes Asia 2026" Conference (DAC 2026)
National Diabetes Institute (NADI)**

No.1, Jalan SS3/50, 47300 Petaling Jaya, Selangor, MALAYSIA

Tel: +603-7876 1676/ 7876 1677 HP: +6019-662 2950 Fax: +603-7876 1679

Email: enquiry@nadidiabetes.com.my Website:www.nadidiabetes.com

Stand a chance
to win
CASH PRIZES
for free paper
presentation awards
&
Many exciting prizes in
LUCKY DRAW!!!

NADI Continuing Professional Development Series

The National Diabetes Institute (NADI) of Malaysia, organises the Continuing Professional Development (CPD) Series annually since its inception in 2002. In 2008, this CPD was expanded as “**Diabetes Asia Conference**” (DAC) to emphasise the uniqueness of diabetes presentation and management in Asians.

This year, the “Diabetes Asia 2026” Conference is to be held in Kuching, Sarawak on the island of Borneo with support from the Sarawak Government through BESARAWAK. While attending the Conference, participants will also have the opportunity to experience Sarawak’s diverse culture and appreciate its unique flora and fauna.

Objectives of the Conference

The Continuing Professional Development (CPD) Series as “**Diabetes Asia 2026**” Conference aims to help improve management of diabetes with emphasis on recent advances and practical aspects of diabetes care. Participants are expected to be able to:

- ◆ Appreciate recent advances and practical aspects of diabetes care.
- ◆ Understand ways of ensuring early diagnosis and optimal management for good control of diabetes, complications and associated diseases
- ◆ Apply knowledge gained during the Conference to further improve care for persons with diabetes in the community

Who Should Attend

- Medical and Surgical Specialists
- General Physicians and Surgeons
- Primary Care Physicians
- General Practitioners
- Medical and Health Officers
- Trainee Lecturers
- Pharmacists
- Nutritionists and Dietitians
- Researchers (Clinical & Basic Sciences) in Diabetes
- Health Education Officers
- Diabetes Educators
- Other Healthcare Professionals involved in Diabetes Care

FREE PAPER PRESENTATION

Free paper presentation is open for all aspects (clinical and scientific) of research relating to diabetes, its complications and co-morbidities. Free Paper Presentation is open only for in-person (physical) registration.

Participants are encouraged to submit free papers for Oral or Poster Presentation. Please refer to the attached paper “Call for Free Paper Abstracts” for Instruction. **Closing date for free paper abstract submission is SEPTEMBER 1, 2026**

Free paper presentation will be judged for “**Best Oral Presentation for Clinical Research Awards**”, “**Best Oral Presentation for Scientific (Basic) Research Awards**” and “**Best Poster Presentation Awards**”. An awarding ceremony will be held at the end of the Conference.

★ ★ ★ FREE PAPER AWARDS (CASH PRIZES) ★ ★ ★

“BEST ORAL PRESENTATION AWARDS (CLINICAL RESEARCH)”

BEST AWARD: RM 3,000
SECOND AWARD: RM 2,000
THIRD AWARD: RM 1,000

“BEST ORAL PRESENTATION AWARDS (SCIENTIFIC RESEARCH)”

BEST AWARD: RM 2,000
SECOND AWARD: RM 1,500
THIRD AWARD: RM 1,000

“BEST POSTER PRESENTATION AWARDS”

BEST AWARD: RM 2,000
SECOND AWARD: RM 1,000
THIRD AWARD: RM 750

***A Certificate of Award will also be presented to the winners.**
THE JUDGES’ DECISION IS FINAL. No further correspondence is allowed

Certificate of attendance will be provided for all Delegates. CPD Points will be applied for Malaysian Doctors, Nurses, Dietitians, Pharmacists, Nutritionists, Medical Assistants, Diabetes Educators & Health Education Officers.

The “Diabetes Asia 2026” Conference (DAC 2026) will emphasise on recent advances in the understanding and care of diabetes, its complications and related diseases.

Cash Prizes, Hampers and Vouchers @ Lucky Draws

To encourage active participation and attendance, lucky draws shall be conducted at the end of the Conference. Lucky winners may receive cash rebates or hampers from advertisers or vouchers from hotels.

To be eligible for the Lucky Draws, participants must visit the exhibitors’ booths and tabletops to receive their respective chops as proof of attendance.

Organising Committee

Patron	YABhg. Tun Dr. Mahathir Mohamad
Advisor	Professor Dato' Anuar Zaini Md. Zain
Chairman	Emeritus Professor Dato' Mustaffa Embong
Secretary	Dato' Dr. Nor 'Aini Abu Bakar
Treasurer	Ms. Rosmawati Yusoff

Sub Committees

Scientific Committee

Professor Dato' Mafauzy Mohamed (Chairman)
Professor G.R Letchuman
Professor Norlaila Mustafa
Datuk Dr. Zanariah Hussein
Dr. Florence Tan Hui Sieng

Fund Raising & Exhibition

Ms. Rosmawati Yusoff

Secretariat

Dato' Dr. Nor 'Aini Abu Bakar (Chairperson)
Dr. Mohamad Nizam Mustaffa
Mr. Muhamad Adlee Md Arshad
Ms. Nurulhuda Athirah Hadri

International Advisory Board

Emeritus Professor Augusto D. Litonjua, *Philippines*
Emeritus Professor Clive S. Cockram, *Hong Kong*
Emeritus Professor Morsi Arab, *Egypt*
Emeritus Professor Philip Home, *United Kingdom*
Emeritus Professor Thep Himathongkam, *Thailand*
Professor Eberhard Standl, *Germany*
Professor Harold E. Lebovitz, *USA*
Professor Luc Van Gaal, *Belgium*
Professor Timothy Davis, *Australia*
Professor Xu Zhang Rong, *China*

Audiovisual

Signature Production

Sarawak Local Committee

Dr William Voon Yu Huat (Chairman)
Connie Tan
Angeline Lipen
Dorothy Chong
Jessie Voon
Maria Voon
Pauline Tiun
Sr Lai Jin Moi
Vallery Voon

INVITED CONFERENCE SPEAKERS / CHAIRPERSONS*

International Faculty (In-Person)



Professor Lee Chi Ho, Paul
Chief of Endocrinology, Diabetes & Metabolism
Department of Medicine,
University of Hong Kong
HONG KONG

(Confirmed)



Professor Nihal Thomas
Head, Centre for Stem Cells Research,
Senior Professor, Department of
Endocrinology, Diabetes & Metabolism,
Christian Medical College Vellore
INDIA

(Confirmed)



Professor Rinki Murphy
Professor of Medical Medicine
Faculty of Medical & Health Sciences,
University of Auckland, Grafton Campus
NEW ZEALAND

(Confirmed)



Professor Nemencio Almare Nicodemus Jr.
Professor
University of the Philippines College of Medicine,
Department of Medicine,
Philippine General Hospital
PHILIPPINES

(Confirmed)



Professor Timothy Davis
Head of Unit Winthrop Professor
Consultant Physician in General Medicine & Diabetes,
School of Medicine & Pharmacology,
Fremantle Hospital Unit,
The University of Western Australia
AUSTRALIA

(Confirmed)

International Faculty (Pre-Recorded Plenary)



Professor Eberhard Standl
Professor of Medicine
Diabetes Research Group e.V.,
The Helmholtz Center, Munich
GERMANY

(Confirmed)



Professor Harold E. Lebovitz
Division of Endocrinology,
State University of New York
USA

(Confirmed)



Professor Luc Van Gaal
Professor of Medicine
Department of Endocrinology,
Diabetology & Metabolic Disease
Antwerp University Hospital (UZA)
BELGIUM

(Confirmed)



Professor Philip Home
Professor of Diabetes Medicine
Institute of Cellular Medicine (Diabetes),
The Medical School,
Newcastle University
UNITED KINGDOM

(Confirmed)

The International Faculty is
complemented by about 30 local
experts in diabetes and related
fields

INVITED LOCAL SPEAKERS / CHAIRPERSONS*

Endocrinology

1. **Emeritus Professor Dato' Mustaffa Embong**, National Diabetes Institute
2. **Emeritus Professor Dato' Ikram Shah Ismail**, MAHSA University
3. **Professor Dato' Anuar Zaini Md Zain**, Beacon Hospital
4. **Professor Dato' Mafauzy Mohamed**, Hospital Universiti Sains Malaysia
5. **Professor G.R Letchuman**, Monash University Malaysia
6. **Professor Loh Huai Heng**, Universiti Malaysia Sarawak
7. **Professor Norlaila Mustafa**, Hospital Canselor Tuanku Muhriz UKM
8. **Associate Professor Norasyikin A. Wahab**, Hospital Canselor Tuanku Muhriz UKM
9. **Associate Professor Wan Mohd Izani Wan Mohamed**, Hospital Universiti Sains Malaysia
10. **Datuk Dr. Mohamed Badrulnizam Long Bidin**, Prince Court Medical Centre
11. **Datuk Dr. Zanariah Hussein**, Hospital Putrajaya
12. **Dr. Fatimah Zaherah Mohamed Shah**, Universiti Teknologi MARA
13. **Dr. Florence Tan Hui Sieng**, Hospital Umum Sarawak
14. **Dr. Lau Bik Kui**, KPJ Kuching Specialist Hospital
15. **Dr. Ng Ooi Chuan**, Universiti Putra Malaysia

Paediatric Endocrinology

16. **Dr. Cheng Hooi Peng**, Hospital Umum Sarawak
17. **Dr. Lim Song Hai**, Sabah Women and Children Hospital
18. **Dr. Nurshadia Samingan**, University Malaya Medical Centre
19. **Dr. Tee Pian Pian**, Sabah Women and Children Hospital

Cardiology

20. **Dato' Sri Dr. Azhari Rosman**, National Heart Institute

21. **Associate Professor Lim Hwei Sung**, Universiti Malaysia Sarawak
22. **Dr. Ong Tiong Kiam**, Sarawak Heart Centre

Ophthalmology

23. **Dr. Lim Lik Thai**, Hospital Umum Sarawak

Nephrology

24. **Associate Professor Sim Chun Yang**, Universiti Malaysia Sarawak

Gastroenterology

25. **Dr. Ho Yoke Fun**, Hospital Umum Sarawak

Psychiatry

26. **Dr. Azizah Saie**, Hospital Umum Sarawak

Primary Care Physician

27. **Professor Thomas Kana @ Kamarudin Kana**, Universiti Malaysia Sarawak

Dietitian/Nutritionist

28. **Professor Barakatun Nisak Mohd Yusof**, Universiti Putra Malaysia

Pharmacist

29. **Dr. Melissa Mohammad Hirman**, Universiti Malaysia Sarawak

Nurse

30. **Ms. Azylina Anak Gunggu**, Universiti Malaysia Sarawak

*Subject to confirmation

CONFERENCE OUTLINE*

15 October 2026		16 October 2026			17 October 2026	
THURSDAY		FRIDAY			SATURDAY	
(0700 - 0815) REGISTRATION		(0800 - 0900) Breakfast Symposium 1 [Sponsored by Hovid Pharmacy]			(0715 - 0815) Breakfast Symposium 2 [Slot for Sponsor]	
(0815 - 0900) Plenary 1					(0815 - 0900) Plenary 6	
(0900 - 0945) Special Lecture 1 [Slot for Sponsor]		(0900 - 0945) Special Lecture 2			(0900 - 0945) Plenary 7	
BREAK (0945 - 1015)						
(1015 - 1215)		(1015 - 1215)			(1015 - 1215)	
Main Symposium 1A	Main Symposium 1B [Slot for Sponsor]	Main Symposium 2A	Main Symposium 2B		Main Symposium 4A	Main Symposium 4B
(1215 - 1315)		(1215 - 1315)			(1215 - 1315)	
Lunch Symposium 1 [Sponsored by Pharmaniaga]		Friday Prayers	Lunch Symposium 2A [Slot for Sponsor]	Lunch Symposium 2B [Slot for Sponsor]	Lunch Symposium 3 [Slot for Sponsor]	
LUNCH (1315 - 1415)			LUNCH (1315 - 1415)		LUNCH (1315 - 1415)	
(1415 - 1545)		(1415 - 1545)			(1415 - 1545)	
Experts' Case Discussion		Main Symposium 3A	Main Symposium 3B		Main Symposium 5A	Main Symposium 5B
1	2					
Free Paper Presentation						
1 (ORAL)	2 (POSTER)					
BREAK (1545 - 1615)						
(1615 - 1700) Plenary 2		(1615 - 1700) Plenary 4			(1615 - 1700) Plenary 8	
(1700 - 1745)		(1700 - 1745)			(1700 - 1745)	
Plenary 3	Meet the Professors 1	Plenary 5	Meet the Professors 2		Free Paper Presentation Awarding Ceremony & Lucky Draws	
					(1745) End of Conference	

*Subject to change

SCIENTIFIC PROGRAMME *

International speakers will be delivering lectures through PRE-RECORDED and IN-PERSON PLENARIES on subjects of current interest relevant to diabetes. In-Person International speakers will also deliver lecture during the Symposium Sessions. They may also be the resource persons for Meet-the-Professor Sessions

Local Experts will participate in-person in symposiums and case discussion sessions

PLENARY TOPICS

1. **THE NEW DIABETES PLAYBOOK: OBESITY-FIRST, KIDNEY-SMART, HEART-FAILURE-READY, TECH ENABLED.**
Professor Nemencio Almare Nicodemus Jr., PHILIPPINES
2. **LIFESTYLE RECOMMENDATIONS FOR GLP-1 MEDIATED THERAPY USERS.** *Professor Luc Van Gaal, BELGIUM*
3. **INCREASED RISK OF CANCER- AN INTEGRAL COMPONENT OF THE CARDIO RENAL METABOLIC DISEASE CLUSTER AND ITS MANAGEMENT.** *Professor Eberhard Standl, GERMANY*
4. **DIFFERENTIAL DIAGNOSIS OF DIABETES IN THE YOUNG AND LEAN IN ASIA-THE IMPACT OF GENETICS, INHERITANCE, NUTRITIONAL ASPECTS.** *Professor Nihal Thomas, INDIA*
5. **REGIONAL ADIPOSITY: GENETICS, METABOLIC CONSEQUENCES AND TREATMENT.** *Professor Harold E. Lebovitz, USA*
6. **IMPROVING RISK PREDICTION FOR CHRONIC KIDNEY DISEASE COMPLICATING IN TYPE 2 DIABETES.**
Professor Timothy Davis, AUSTRALIA
7. **ROLE OF BASAL INSULIN IN T2DM; HISTORY AND RE-EVALUATION.** *Professor Philip Home, UNITED KINGDOM*
8. **CURRENT APPROACH TO WEIGHT MANAGEMENT IN PEOPLE WITH DIABETES.** *Professor Rinki Murphy, NEW ZEALAND*

Special Lecture: Mechanical offloading of the Diabetes Foot in various situations- Clinical Examples and Techniques.
Professor Nihal Thomas, INDIA

Symposium Themes/ Topics include:

Main Symposium 1A

THEME: THERAPEUTICS: GLP-1 RECEPTOR AGONISTS

1. History, Evolution, (Presumed) Mechanism of Action
2. GLP-1 RA Use: Obesity, Heart, Kidney (and Diabetes)
3. The Future of GLP-1 RA (Combination, New Indications, New Molecules)

Main Symposium 2A

THEME: MANAGING DIABETES IN CHILDREN & ADOLESCENTS

1. Technology in T1 Diabetes Care: Pumps, Continuous Glucose Monitoring, Automated Delivery
2. Managing a Child With 'Labile' Diabetes
3. Determining T1 or T2 Diabetes in Children: From Clinical Assessment to Molecular Studies

Main Symposium 2B

THEME: NEW APPROACH: LONG-ACTING CARDIOMETABOLIC THERAPIES

1. Diabetes: Longer-Acting Insulins
2. Hyperlipidaemia: Progress to Ultra-Long-Acting LDL Control
3. Hypertension: Novel Therapies in Managing HT

Main Symposium 3A

THEME: THE QUEST TO PREVENT OR CURE DIABETES

1. Prevention or Delay of T2 Diabetes-Current Status and Clinical Challenges
2. Precision Medicine: Towards a Cure for Type 1 Diabetes
3. Diabetes Epidemic in Asia: Can It Be Prevented in The Near Future?

Main Symposium 3B

THEME: EARLY DETECTION AND MANAGEMENT OF DIABETIC COMPLICATIONS

1. Early Kidney Damage Detection and Management, Applicable to Primary Care Physicians
2. Advances in Retinal Imaging and Microvascular Protection for Diabetic Retinopathy
3. New Approaches in the Management of Diabetic Peripheral Neuropathy

Main Symposium 4A

THEME: ADVANCES IN MANAGING HEART DISEASES ASSOCIATED WITH DIABETES

1. Assessing Cardiovascular Risk in Diabetics: When and How?
2. Current Recommendation in Managing Heart Failure in People With Diabetes
3. Novel and Established Interventions to Improve Cardiovascular Outcomes in Diabetics

Main Symposium 4B

THEME: THE EFFECTS OF DIABETES ON OTHER ORGANS

1. Mental Health of Patients With Diabetes: Depression, Diabetes Distress and Dementia
2. Steatotic Hepatopathy and Type 2 Diabetes
3. The Role of Fat Cells in Diabetes

Main Symposium 5A

THEME: NUTRITION, DIET AND ?EXERCISE PILL

1. Evidence-Based Best Diet for Women With Diabetes in Pregnancy
2. Diabetes Herbal Medicine and Dietary Supplements: Presumed Benefits and Health-Related Risks
3. Too Lazy to Exercise? No Worries-Just Swallow a Pill

Main Symposium 5B

THEME: ROLE OF HEALTHCARE PROFESSIONALS IN DIABETES CARE

1. Primary Care Physicians: Challenges in Integrating Diabetes Management Into Primary Care Setting
2. Clinical Pharmacists: Helping Improve Patients' Compliance; Overcoming Barriers
3. Diabetes Educators: Educating Patients in Malaysia, Aiming for World's Standard

Sponsored Session:

1. Pharmaniaga Marketing Sdn Bhd
2. Servier Malaysia Sdn Bhd
3. Hovid Pharmacy Sdn Bhd

MEET-THE-PROFESSORS

1. Use of Anti-Diabetic Medications

- Professor Timothy Davis, AUSTRALIA
- Professor Nemencio Almare Nicodemus Jr. PHILIPPINES
- Professor G.R. Letchuman, MALAYSIA

2. Disease Associated with Diabetes

- Professor Nihal Thomas, INDIA
- Professor Rinki Murphy, NEW ZEALAND
- Professor Lee Chi Ho Paul, HONG KONG

EXPERTS' CASE DISCUSSION

1. Type 2 DM With Macro-and Micro-Vascular Complications
2. Type 1 DM With Frequent DKA

**Subject to change*

Registration & Fees :

Registration form is enclosed with this **FINAL ANNOUNCEMENT**. Completed form must be returned with the proof of registration fee payment to the Secretariat of the **"Diabetes Asia 2026" Conference** by email or fax.

Registration fee covers admission to all NADI **"Diabetes Asia 2026"** Conference sessions and trade exhibition, conference bag, identification tag and printed materials, Conference lunches and tea/coffee breaks (**PHYSICAL ATTENDANCE ONLY**). The fees are as follows:

CONFERENCE FEE (In-Person/ Physical Attendance)		
REGISTRATION	Local Delegate*	International Delegate
EARLY BIRD (before SEPTEMBER 1, 2026)	RM 850.00	USD 400
AFTER SEPTEMBER 1, 2026	RM 950.00	USD 500

CONFERENCE FEE (Virtual/Online) - LIVE Stream Sessions ONLY		
REGISTRATION	Local Delegate*	International Delegate
EARLY BIRD (before SEPTEMBER 1, 2026)	RM 550.00	USD 280
AFTER SEPTEMBER 1, 2026	RM 650.00	USD 380

(* Subsidised rates)

Please register early to enjoy **"Early Bird"** discount for registration.

Group Discount is available. Please contact the Secretariats for details.

For **ONLINE REGISTRATION & PAYMENT DETAILS**, please visit www.nadidiabetes.com

Registration fee should be made payable to:
NATIONAL DIABETES INSTITUTE
Please refer to the instruction on payment

Malaysia Airlines has provided a airfare discount. To purchase your ticket, visit official booking portal at www.malaysiaairlines.com/flytoevents. Add the promo code: **MHDIAC15**

Accommodation

Special room rates have been arranged for the conference participants from **October 15-17, 2026** at the following hotels:

- **voco Kuching by IHG (Conference Venue)**
- **The Waterfront Hotel**
- **Riverside Majestic Hotel - Puteri Wing**
- **Raia Hotel & Convention Centre Kuching**
- **RUME Hotel**
- **Imperial Hotel Kuching**
- **56 Hotel**

Participants are advised to reserve their hotel accommodation early. **Please book the hotel of your choice through Cat City Holidays Sdn Bhd (except voco Kuching by IHG- direct booking the hotel is required).**

Please specify that you wish to book for the "Diabetes Asia 2026" Conference to qualify for the special rate. Please refer to the accompanying leaflet for details.

Disclaimer: The National Diabetes Institute and its agents are not to be held responsible for any change in the terms or conditions of the hotel accomodation.

For further Information and Updates regarding the **"Diabetes Asia 2026" Conference (DAC 2026)**, please contact:

The Secretariat (Attention: Ms. Rosmawati / Ms. Athirah / Mr. Adlee)
National Diabetes Institute (NADI)

No. 1, Jalan SS 3/50 47300 Petaling Jaya, Selangor, MALAYSIA

Tel: +603-7876 1676 / 1677 HP: +6019-662 2950 Fax: +603-7876 1679

Email: enquiry@nadidiabetes.com.my OR Visit our website: www.nadidiabetes.com

About the National Diabetes Institute (NADI)

The National Diabetes Institute (NADI) is established to provide a dedicated and comprehensive service for people with diabetes, to prevent and control diabetes, its complications and associated diseases.

NADI is a **non-profit, Non-Governmental Organisation (NGO)** managed by a Board of Trustees, comprising of Founding and Elected members and representatives from the Malaysian Endocrine and Metabolic Society (MEMS), Diabetes Malaysia (DM) and Ministry of Health (MOH), Malaysia with our former Prime Minister YABhg. Tun Dr. Mahathir Mohamad as Patron.

The main objectives of NADI are:

- to be a National Diabetes Education Resource Centre for the country
- to establish and run a comprehensive health facility including a National Diabetes Hospital for the management of diabetes and its complications
- to create and maintain a National Diabetes Registry
- to coordinate and conduct research in diabetes and related conditions
- to be the national coordinating centre for diabetes in Malaysia in respect to statistics, education, management, research, policy and planning on diabetes and associated diseases
- to prevent diabetes and associated cardiometabolic conditions such as high blood pressure, high blood cholesterol and heart disease through promotion of healthy lifestyle